

A WEEKLY GUIDE TO WHAT'S ON IN **NADI**

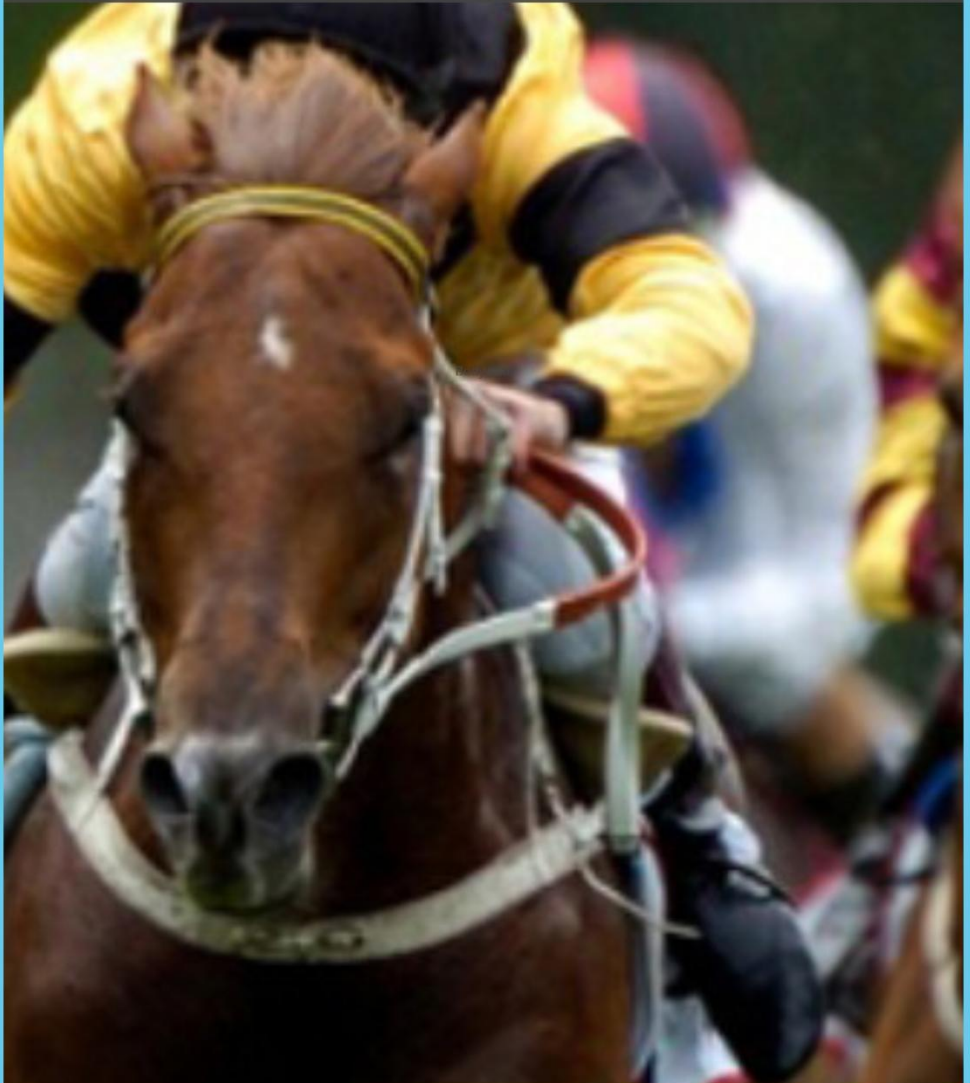
DENARAU ISLAND - LAUTOKA

FJIGUIDE.COM



CORAL COAST - SUNCOAST

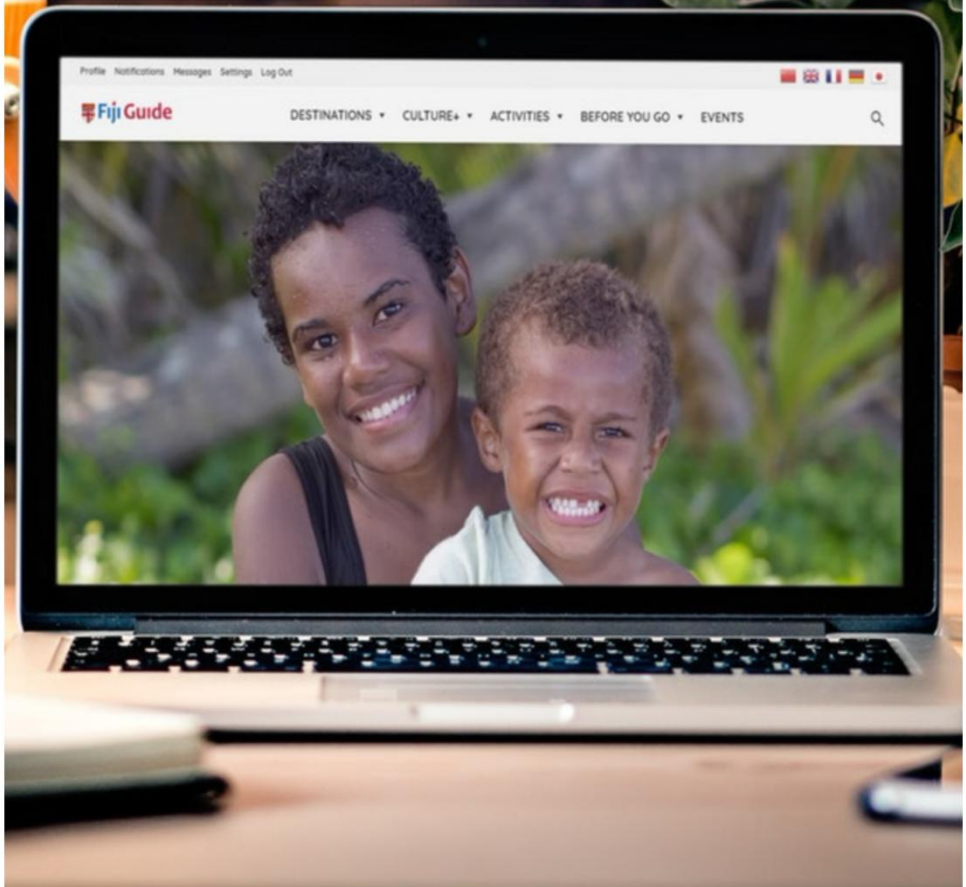
Issue 12



SWIPE & CLICK MAGAZINE

The Original Online Travel Guide to Fiji

Online since 1995, even before Tourism Fiji established their own website. The primary content for Fiji Guide was derived from Rob Kay's award-winning Lonely Planet Travel Survival Kit.



Ni Sa Bula

Lining up plans in Fiji? Whether you're a local, new in town, or just passing through, you'll be sure to find something on our Weekly Guide that piques your interest. We've got original articles, videos, photos, and a serialized edition of Ron Wright's classic *On Fiji Islands*, originally published by Penguin Books and recognized as the best nonfiction Fiji travel narrative ever written.



THURSDAY NIGHT BBQ



LIVE BAND ENTERTAINMENT

PRICES

Adult BBQ - \$25 per plate

Child BBQ (12y and under) - \$15 per plate

Pizza - from \$13

EACH PLATE INCLUDES:

Mixed tossed salad

Grilled fish

Lamb chop

Lamb sausage

Steamed mixed rootcrop

FOR BOOKINGS AND ENQUIRES

Ph: 666 4777 | wfhevents@tanoahotels.com | tanoawaterfront.com





FAQ on Planning your Fiji Trip Part I

By Rick Garrett

There are so many reasons why Fiji is probably your best choice for a honeymoon or romantic getaway. For starters Fijians speak the Queen's English, so you'll have no trouble being understood, and besides that they are the world's friendliest people. That's not just my opinion but the votes of thousands of Conde Nast readers who vote the Fijians as the World's Friendliest People every year.

Second, the food in Fiji is good to great. Most of the chefs are either Kiwi, Aussie, or US trained. Pacific Rim dining originated in Hawaii but that is the style most chefs in Fiji follow using the freshest ingredients either sourced locally where possible or flown in daily from Australia and New Zealand. There will always be plenty to choose from on the menu and a few of the hotels include all your meals in their rates. Even if you are a picky eater you'll be fine there

Third, you want to get wet right? Fiji has amazing snorkeling and even better diving. And depending on the resort fabulous beaches.

[READ MORE](#)



NOV
1

Intermediate Yoga Class

Public · Hosted by Essence of Fiji Rejuvenation Centre



NOV
2

Hands-on Cooking Class

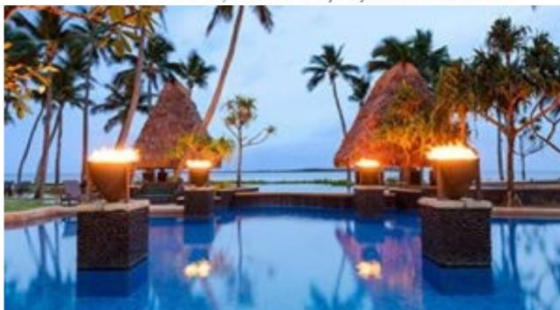
Public · Hosted by Sheraton Fiji Resort



NOV
2

Electrotherapy Advanced Facial and Body therapy

Public · Hosted by Essence of Fiji Rejuvenation Centre and



NOV
2

Meke Lounge Reload

Public · Hosted by The Westin Denarau Island Resort & Spa

MELBOURNE CUP AT SOFITEL FIJI



TUESDAY 6 NOVEMBER

Experience the thrill of Melbourne Cup at the Breeze Bar while gazing across the shimmering ocean with an ice-cold beverage to celebrate.

Happy hour from 1pm till the last race:

A glass of Champagne with a tasting platter FJ\$58

Beer & burger FJ\$49.50

Beer pitcher FJ\$29.50

Plus more!

Place your bets with our bookie from 9am at
Lagoon Restaurant

SOFITEL
HOTELS & RESORTS

FIJI RESORT & SPA



NOV
1

YOGA CLASS at Vai Restaurant & Bar

Public · Hosted by Kama Yoga Fiji and Sheraton Fiji Resort



NOV
5

Yoga Class

Public · Hosted by Kitchen Grill, Fiji and The Westin Denarau Island Resort & Spa



NOV
6

YOGA CLASS at Pacific Fitness Gym

Public · Hosted by Pacific Fitness and Kama Yoga Fiji



NOV
7

YOGA CLASS at The Rhum-ba

Public · Hosted by Kama Yoga Fiji





IN PARTNERSHIP



SUPPORT OUR PINKTOBER DENARAU WALK

THIS SATURDAY 03rd NOVEMBER



TO REGISTER : GOLD COIN per person!

Bring Your Family and friends!

Meeting Point at the Pacific Fitness Centre.

The Walk is from Pacific Fitness Denarau to Marina Junction & Back.

Dress Code: Be as Pink or Blue as you can!



Brief Programme:

6.30am—Arrive at Pacific Fitness, Industrial Area, Denarau

6.45am—Group Exercise & Zumba with Pacific Fitness

7.00am—8.00am : Ready & Start Walk

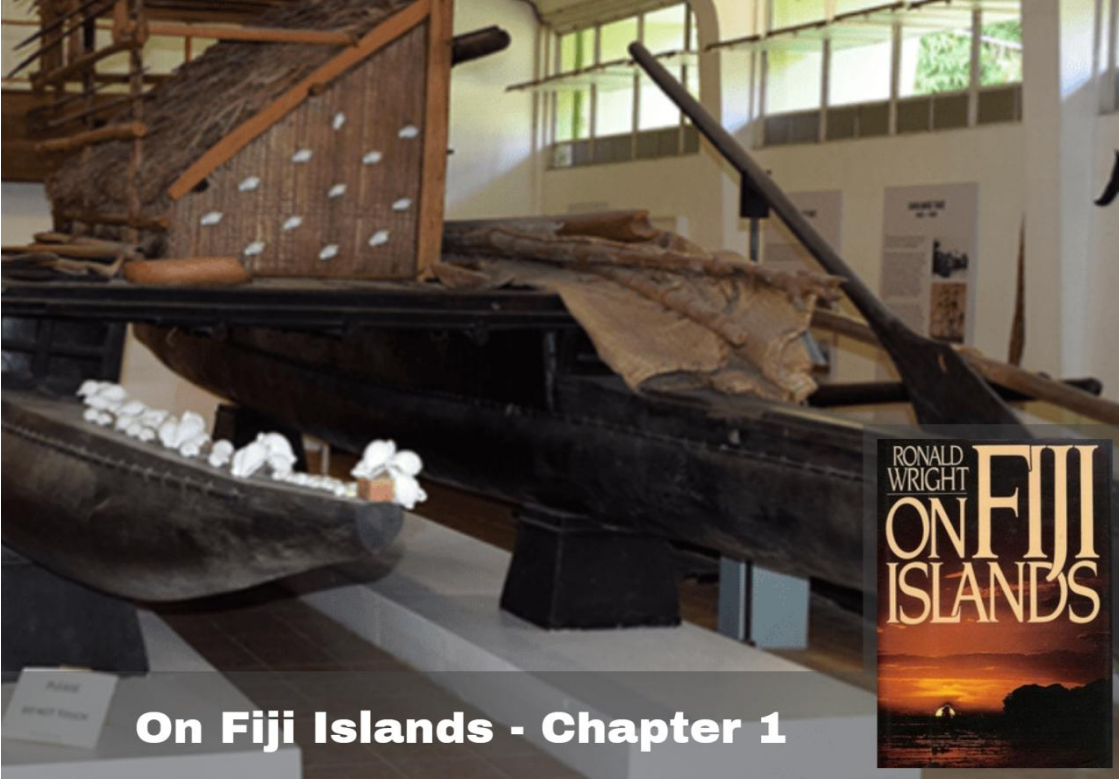
8.00am—Back at Pacific Fitness for More Fun Games & Prizes including Best Dressed

8.30am—Radisson Handover of Donation to Fiji Cancer Society

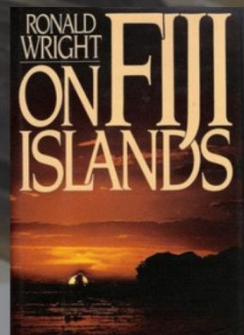
Refreshments will be provided at reasonable cost

To register please contact Terani Tavo (HR Office) on 8688481 or via email on

htavo@radissonfiji.com



On Fiji Islands - Chapter 1



On Fiji Islands

In the Fiji Museum there is a curious wooden artifact with a carved handle and four sharp prongs. Beneath it is the short but eloquent inscription:

**FORK USED IN EATING
REVEREND BAKER.**

The display also contains dishes used for serving the Wesleyan's cooked flesh, and informs the reader that Mr. Baker was the only missionary eaten in Fiji, and that he passed away (if that's the right expression) in 1867. Foreigners linger at this exhibit. Societies that do not eat people are fascinated by those that do (or did). Many old books about Fiji have the word "cannibal" on the title page; the islands were once known as the "Cannibal Isles." It's an interesting word: derived from "Carib," the name of an island people almost wholly exterminated by the non-cannibals who came to civilize them.



Located in the heart of Suva's Thurston Gardens, the Fiji Museum holds a remarkable collection, which includes archaeological material dating back 3,700 years and cultural objects representing both Fiji's indigenous inhabitants and the other communities that have settled in the island group over the past 200 years. The Museum is a statutory body governed by the Fiji Museum Act and the Preservation of Objects of Archaeological and Palaeontological Interest Act.

Ronald Wright's classic travel guide, *On Fiji Islands*, was published in 1983 to critical acclaim. He has graciously allowed Fijiguide to serialize his work for your enjoyment. We welcome your comments.



NOV
2

Wood Carvings Exhibition Fiji At Sheraton
Fiji

Public · Hosted by Wood carvings Fiji

No culture shock this time, Derek promised on the plane. “Everyone’s clean and nobody wears guns.” The shock had been severe when we’d visited Peru two years ago. Severe even for me, and I had been there enough times’ to know what to expect. But that arrival at Lima in a grey 5 A.M. dawn, the sour smell of the airport (half fuel, half drains), the armed guards in shabby uniforms, the small boys fighting for our luggage-all that had been too much. Then had come a cab ride through vast shantytowns and empty lots strewn with slowly burning rubbish in which people were scavenging; and Derek had said that his worst stereotypes of the Third World were coming to life around him.

Fiji, apparently, was different. The concrete architecture and lush vegetation lit by the headlights of the Nadi Hotel minibus reminded me of West Africa; but they belonged to an Africa that was refined, where immigration officials were mannerly and relaxed, where the airport bank was open in the middle of the night, where hotel limousines not only existed but appeared on time. These impressions, gleaned at 3 A.M., were strengthened next morning. The air smelled of blossoms and moistened earth; the hotel maids, who looked and dressed rather like Africans, were singing in the corridors. Most surprising of all, the neatness and tranquility extended to the town outside the front door, and the countryside at the back. The hotel did not seem to be an island built for foreigners in a sea of squalor.

I had heard conflicting stories about places like Fiji, Bali, and Tahiti. To some observers they were what they seemed-innocent, content, and with an inner strength that kept them that way. Others dismissed such a view as an illusion, a myth either created for tourists or about to be destroyed by them.

Derek, who had spent more than a year in Fiji on an archaeological project, was of the first school. I had been intrigued by his descriptions. Fiji sounded like an anomaly-a place that had survived colonization with its native population and culture not simply intact, but successfully adapted to the modern age. Eighty-three percent of the land still belonged to indigenous Fijians: remarkable when compared to New Zealand, where the Maoris own about ten percent, and Hawaii, where the tiny native remnant own virtually nothing; even more remarkable when one discovers that native Fijians form not quite half of Fiji’s population. I had spent enough time in the former colonies of Europe-in Africa and Latin America, especially Peru-to form a pessimistic view of the consequences of European expansion. For the original inhabitants it had almost always meant dispossession, exploitation, and social decay. In North America, where I live, it is easy to forget the dimensions of the tragedy, so completely has one population been consumed by another. In Hawaii, only slightly smaller than Fiji and with many cultural similarities, the same appalling transformation occurred. But here in Fiji it seemed that something unusual had happened; or rather that something usual had failed to happen. I wanted to find out why and how.



About the author

Ronald Wright

About the author Ronald Wright Many people helped me during the research and writing of this book. Fiji’s inhabitants extended their remarkable courtesy and hospitality, and Alberta Culture gave generous financial support without which the journey might never have been made. Any list of individuals will be fraught with omissions, but I should like in particular to thank here the following for many forms of hospitality and kindness. In Fiji: Jemesa Bonowai, Ratu Sir George Cakobau, Fergus Clunie, Paul Geraghty, Michael Howard, Ratu Lemeki Nataadra, Tevita Nawadra, Nii Plange, Josala Ratumaitavuki, Marshall Sahlins, Aseri Vueti, Rabi Island Chairman, Manager, and Council of Leaders, the Superintendent and Ministers of Rabi Methodist Church, the Principal, staff, and pupils of Rabi Secondary School. In Britain and Canada: Janice Boddy, Sir Ronald and Lady Garvey, William McKellin, Bella Pomer, Ralph Premdas, Rod Vickers, Penny Williams, my parents. At Viking Penguin: Jennifer Snodgrass, William Strachan, Charles Verrill.



PICTURE OF THE WEEK

"I keep farming and working, I keep living."

HUMANS OF THE FIJI ISLANDS



NOV
2

Seafood Extravaganza

Public · Hosted by Feast Restaurant, Sheraton Fiji resort



NOV
3

Farm to Fork Tour

Public · Hosted by Sheraton Denarau Villas



NOV
3

Cultural Show at Coco Palms

Public · Hosted by Coco Palms Cultural Experience, Fiji and The Westin Denarau Island Resort & Spa



NOV
3

Westin Weekend BBQ

Public · Hosted by The Westin Denarau Island Resort & Spa

NOV
3

HIKE A THON!

Public · Hosted by Edufiji Kidz Charitable Trust





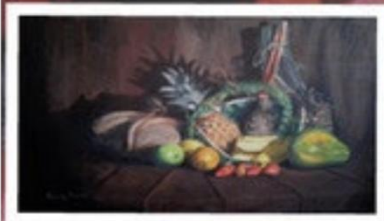
National Award Winner - 2017



National Award Winner - 2016



National Award Winner - 2009



National Award Winner - 1986



fijiartscouncil

Family

"all the
descendants of a common
ancestor"

National Fine ARTS Exhibition 2018

Date: 5th - 9th November 2018

Official Opening 5th November
2018 - 19:00

Open to the Public 6th - 9th
November 2018

Time: 9am - 10pm

Venue: Denarau Yacht Club,
Nadi 1st Floor



NOV
4

Pool Fun Day

Public - Hosted by Resort Relax Fiji



NOV
4

Kids Can Cook

Public - Hosted by Sheraton Fiji Resort



NOV
6

Yoga Class - all levels welcomed

Public - Hosted by Essence of Fiji Rejuvenation Centre



NOV
6

第 4 回 校外ゴミ拾い活動

Public - Hosted by Duavata

Coca-Cola

HOT BBQ CHICKEN BURGER

HOT BBQ WHOPPER™

FLAME GRILLED

BBQ WHOPPER

BBQ Sauce
Jalapeño
Beef Patty

Crispy Chicken Patty

Jalapeño

BURGER KING

BOUNTY RESTAURANT & BAR

**MELBOURNE
CUP**

2018

**LUNCHEON
TUESDAY 6 NOVEMBER**

COMPLIMENTARY GLASS OF BUBBLE WITH MEAL
PRIZES FOR BEST HAT | FEMALE | MALE
TAB IN HOUSE | SWEEPSTAKES
LIVE COVERAGE OF RACES
BAR SPECIALS



Follow us on facebook for updates leading up to
'the race that stops the nation'

For enquiries call 6720840 | 9997836
Bounty Restaurant & Bar | Martintar | Nadi



happy diwali

LIFE CINEMA WELCOMES ALL
OF YOU TO PARTICIPATE IN THE
SWEETS & THALI COMPETITION
AT ALL LIFE CINEMA OUTLETS.

EXCITING PRIZES TO BE WON.
TO PARTICIPATE PLEASE KINDLY
CONTACT ANY LIFE CINEMA OFFICE.
LET'S MAKE THIS FESTIVAL MORE COLOURFUL,
AND MORE JOYFUL BY SPREADING HAPPINESS.

SEE YOU THERE.

Date: Monday 5th November Time: 10am -12pm

Venue: All Life Cinema Outlets Dress Code: Traditional Attire

Prizes to be won:

- 2 x \$50.00 Shopping Voucher (kind compliments of RB Patel)
- 6 x VIP Passes to be won from each Location for movie "Thugs Of Hindostan"



3rd
November
2018

ICE

Breaker®

ice
BAR

FREE GIVEAWAYS

FREE TOWER DRAW at
MIDNIGHT

THEME: ISLAND

DJ Kingsman | DJ James

Fijian Mixes | Desi Beats | English club Bangers

Introducing 2 for \$40 jugs | 2 for 1 Shots \$10 | \$2 Chasers

\$5 Entry

FREE SHOT
for FIRST 100 Patrons

A promotional poster for a pool tournament. The background is a green pool table with a pool cue and a ball with the number 8. The text is arranged in a vertical layout, starting with the event title at the top, followed by the venue and time, then the date and entry fees, then contact information, and finally the prizes and format at the bottom.

POOL TOURNAMENT

ICE BAR

2PM Saturday

10TH NOV Entry: \$3 Re-Entry \$5

Text/Viber for Entry Confirmation: 9787995

Winner: Wood Stock Tower + Trophy

Runner up: \$50 Bar Tab + Trophy

Raffle Draw for Snooker Cue & Bar Tabs

Format: Knockout

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MELBOURNE CUP

Tuesday 6 November 2018

LIVE BAND

Nadi Farmers Club Bar

LIVE TOTE BETTING

BEER GARDEN BISTRO

RACES LIVE TELECAST

BOOK NOW M: 7210 335

BUSINESS NETWORKING MIXER



BUILD CONNECTIONS OVER COFFEE.

First Tuesday of every month starting on
November 6th at 6pm to 7pm

@



Bring your business cards and
come share with us what you do.

DIWALI LUNCH SPECIAL VEGETABLE THALI



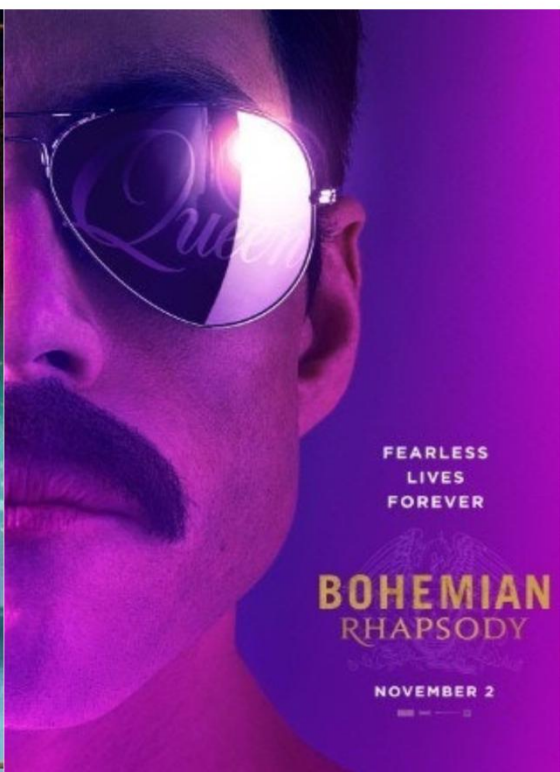
\$19.00_{FJD}

3 Seasonal Vegetables, Dhal Tadka,
Raita, Papadam, Salad, Chefs Special
Dessert, Rice, Chutney, Batura

15th October-9th November 2018

saffron
TANDOORI RESTAURANT





*" The ease of use and beautiful design allows
you to focus on what matters most, Relaxing
and enjoying paradise on earth. Fiji your home
away from home "*

