

A WEEKLY GUIDE TO WHAT'S ON IN **FIJI**

FIJIGUIDE.COM



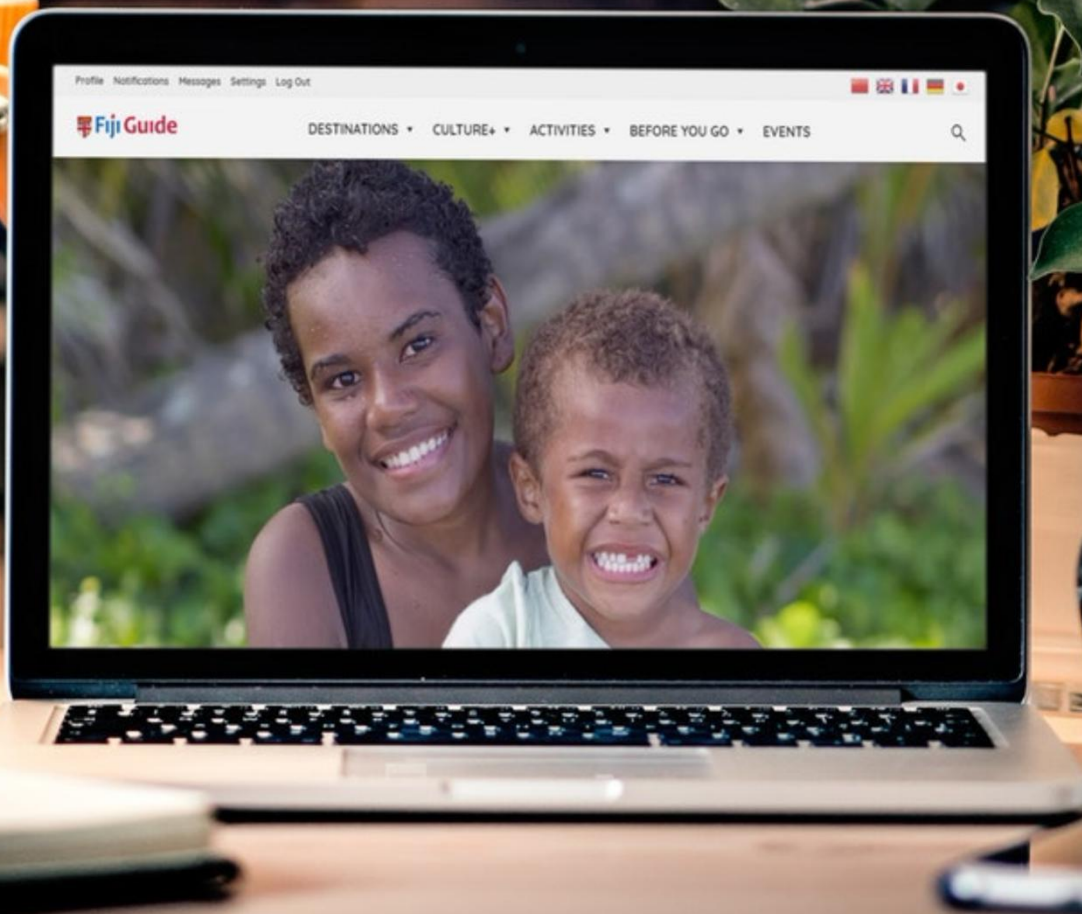
Issue 6 | September 20th - September 26th



THE
ESTABLISHMENT

The Oldest Online Travel Guide to Fiji

Online since 1995, even before the old Fiji Visitors Bureau had its own website. The content from the guide came from my Lonely Planet book.



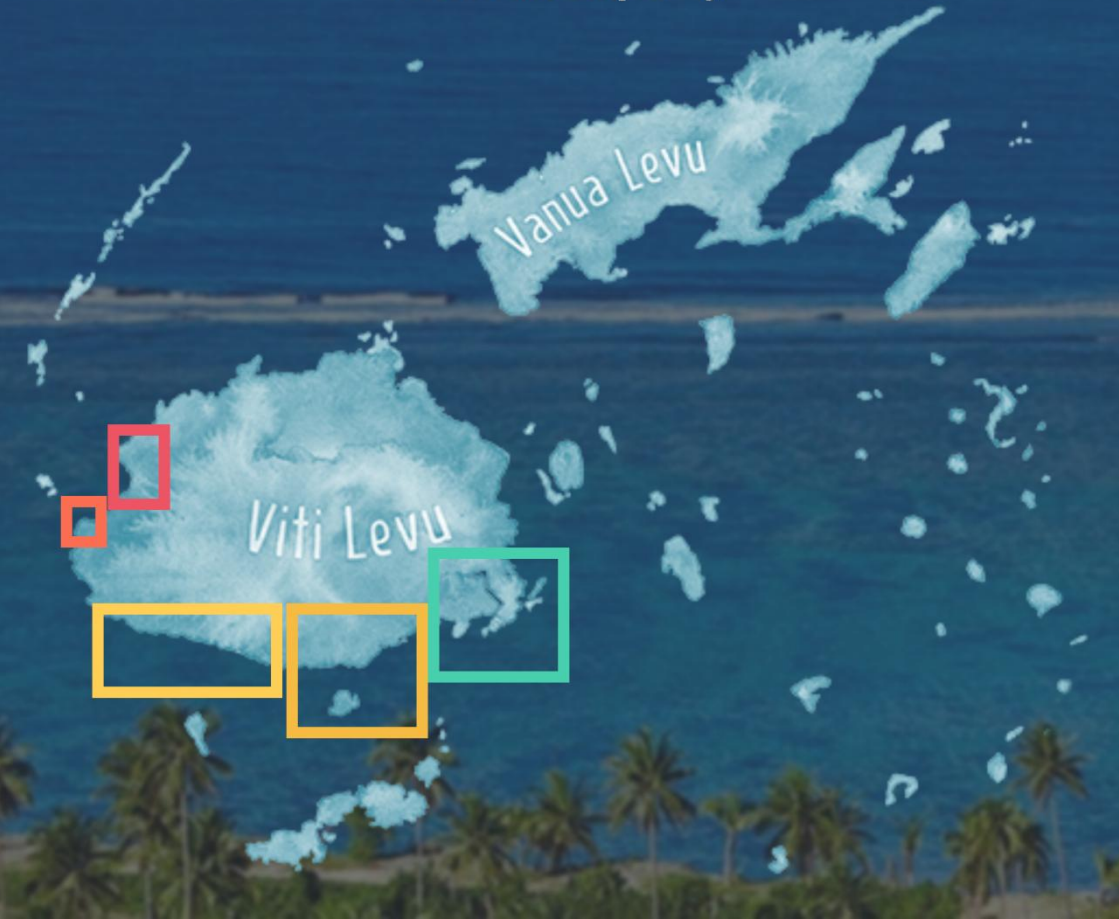
Welcome

Our free magazine focuses on what's happening in our wonderful country over the coming days. You will find links to top quality articles covering local events, seasonal recipes, NGO's as well as travel features and promotions - there truly is something for everyone.

Lining up plans in Fiji? Whether you're a local, new in town, or just passing through, you'll be sure to find something on our Weekly Guide that piques your interest.

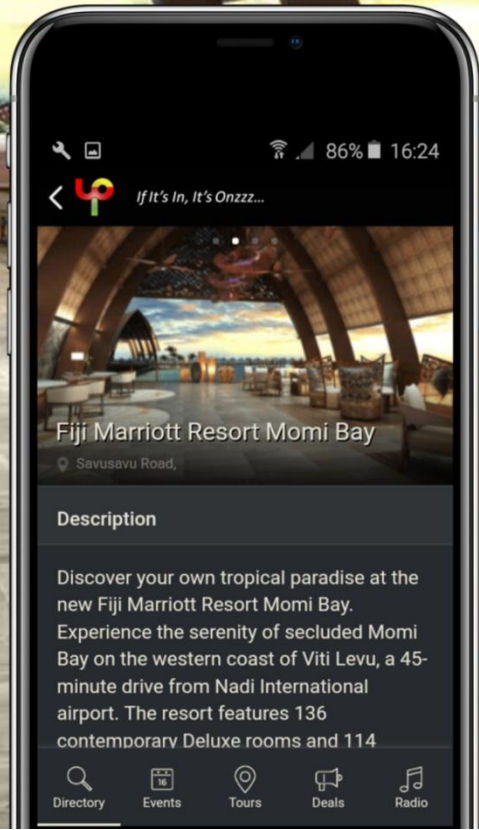
Sit back, relax and enjoy this latest edition - we hope you love reading it as much as we've loved creating it. Like what you see? Let us know via Facebook or Twitter - we're very sociable, so come and join us.

A Clickable Map of Fiji



Fiji in the Palm of your Hand

*" The ease of use and beautiful design allows you to focus on what matter most, Relaxing and enjoying paradise on earth.
Fiji your home away from home "*





Fiji Guide



ACTIVITIES

LATEST TRAVEL NEWS

Fiji's Multiple award winning Sigatoka River Safari 2018

2 days ago

Fiji's Multiple award winning Sigatoka River Safari offers all its guests an amazing half day expedition deep into the "Heart & Soul of Fiji" aboard our custom built Safari jet...

ACTIVITIES

LATEST TRAVEL NEWS

Big fishing at Volivoli Beach Resort

2 days ago

Details Volivoli Beach Resort has recently upgraded its fishing equipment to the latest trolling and popping offerings from Shimano and reports growing interest (and success) from anglers. Volivoli...



LATEST TRAVEL NEWS

Prince Harry and Meghan's Pacific tour

2 days ago

Kensington Palace has confirmed dates for Prince Harry and his wife Meghan's visit to the Pacific including Fiji and Tonga. It's the first major tour for the royal couple outside the United Kingdom...



LATEST TRAVEL NEWS

Outrigger Fiji Beach Resort Scores Two New Awards

2 days ago

It was a big weekend for Outrigger Fiji Beach Resort with the announcement of two new accolades – Best Fijian Resort – (HM Awards) & International Customer Service Excellence –...

MAGNIFIQUE GETAWAYS



FJD\$330

SUPERIOR OCEANSIDE ROOM

PACKAGE INCLUSIONS:

- Enjoy a welcome drink and cold towel on arrival
- Buffet Breakfast for two (2) adults and up to two (2) children under the age of 12 eat for FREE
 - FREE Kids Club
- 20% discount on F&B and So Spa
- All applicable taxes

COUPLES SO SPA RETREAT

FJD\$100 Per Person

- Enjoy a 60 minute full body massage or facial treatment plus FREE glass of bubbles

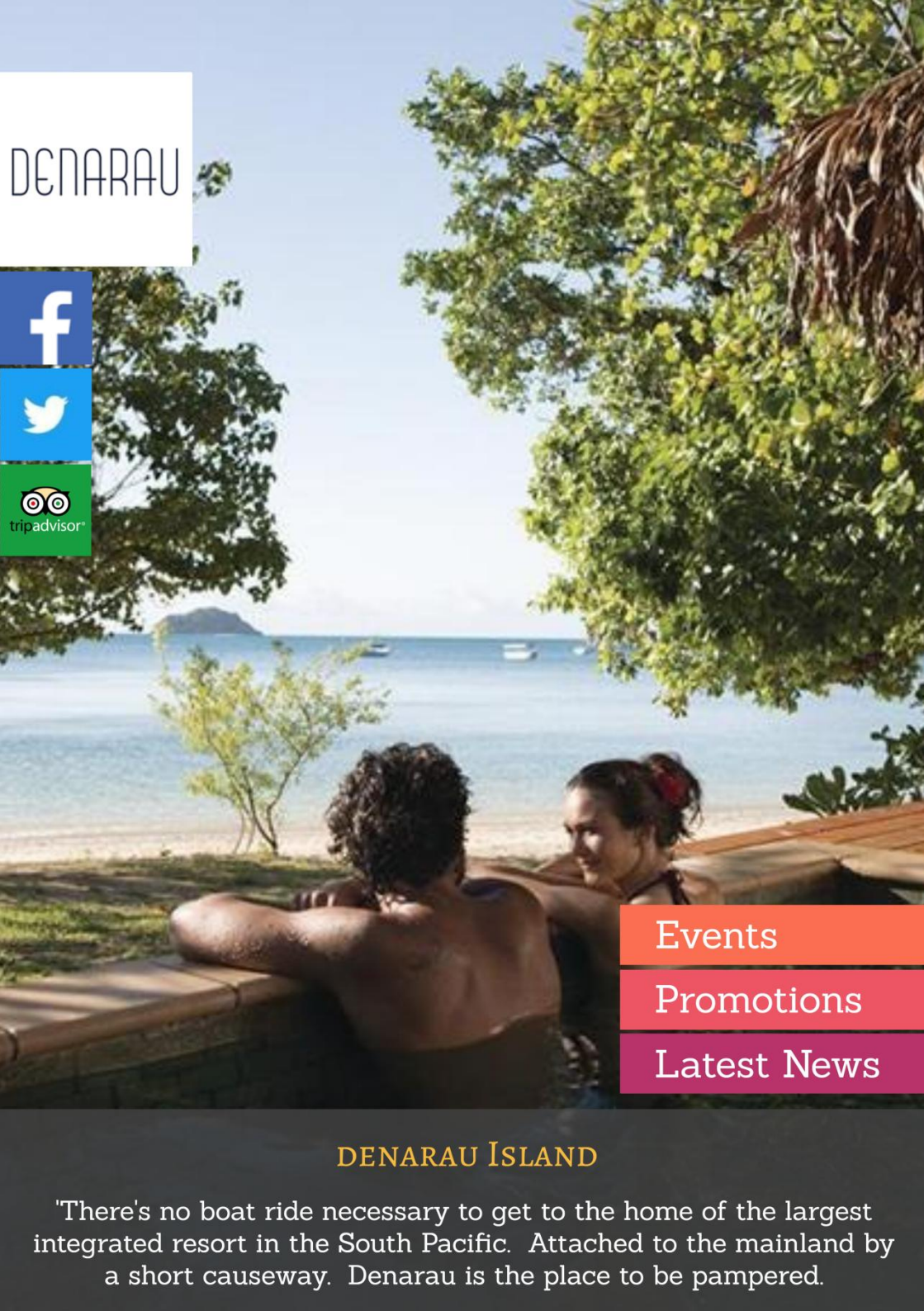
TERMS & CONDITIONS:

- Valid for stays from the 17th September- 12th October
 - Offer available to local residents only
 - Local ID must be presented upon check in
- Accor Plus members receive a further 10% discount on room rate only
 - Quote SFGET
 - Booking subject to availability
- 20% discount on F&B and So Spa, not applicable for watersports and retail shop and not in conjunction with Accor Plus dining benefits

For reservations call 675 1111 or
Email: reservations@softelfiji.com.fj

SOFITEL
HOTELS & RESORTS

FIJI RESORT & SPA



DENARAU



tripadvisor®

Events

Promotions

Latest News

DENARAU ISLAND

'There's no boat ride necessary to get to the home of the largest integrated resort in the South Pacific. Attached to the mainland by a short causeway. Denarau is the place to be pampered.

BIG BULA
WATERPARK

The logo features the words "BIG BULA" in a large, bold, white font with a thick brown outline. To the left of the text is a stylized palm tree with green fronds and a brown trunk. Above the text is a large, stylized blue wave with a white outline. The background of the entire image is a photograph of a water park with various slides and a clear blue sky.

DEPARAU FIJI



SEP
16

Kids Can Cook

Public · Hosted by Sheraton Fiji Resort



SEP
17

Salsa Lessons at Rhum-Ba

Public · Hosted by Spectacular Havana and The Rhum-Ba



SEP
17

Bula Hour

Public · Hosted by The Wet Edge and Sheraton Denarau Villas

A black silhouette of a person's head and shoulders, facing forward, is positioned on the left side of the advertisement. The person appears to be looking towards the right, where the text is located.

Get your Business
Noticed

ADVERTISE HERE





Sheraton®
FIJI RESORT



Seaside Breakfast Offer - Adults Only

Public · Hosted by Sheraton Fiji Resort



SEP
20

YOGA CLASS at Flying Fish Fiji

Public · Hosted by Kama Yoga Fiji and Sheraton Fiji Resort



SEP
21

YOGA CLASS at The Rhum-ba

Public · Hosted by The Rhum-Ba and Kama Yoga Fiji



SEP
24

Yoga Class

Public · Hosted by Kitchen Grill, Fiji and The Westin Denarau Island Resort & Spa



SEP
25

YOGA CLASS at Pacific Fitness Gym

Public · Hosted by Pacific Fitness and Kama Yoga Fiji



waitui

BEACH CLUB

TROPICAL BURLESQUE

TUTTI FRUTTI GLITTER GLAM

FRIDAY 22ND SEPTEMBER
FROM 6.00PM TILL LATE

COMPLIMENTARY
COCKTAIL ON ARRIVAL

Waitui Beach Club is bringing **TROPICAL
BURLESQUE** to you this Friday
so come join us and enjoy an evening
of fun entertainment, cool tunes,
scrumptious creative tapas and
pizza menus, heavenly cocktails
and much more.....

WIN LUCKY DOOR PRIZES

Polynesian Dance | Fire Show |
Bonfire | Free Entry





Sheraton®
FIJI RESORT



SEP
23

Kids Can Cook

Public · Hosted by Sheraton Fiji Resort



SEP
21

Hands-on Cooking Class

Public · Hosted by Sheraton Fiji Resort



International Chef Pop-Up At Sofitel Fiji Resort & Spa

Available from 27 September 2018 until 29 September 2018



INTRODUCING CHEF JASON SAXBY

Sofitel Fiji Resort & Spa, takes immense pleasure in introducing the culinary skills of chef Jason Saxby as he takes over the V restaurant kitchen to work with team Sofitel in late September.

In 2011 whilst working at three Hatted restaurant 'Quay', he picked up the SMH Josephine Pignolet Young Chef of the Year Award. With this prize money Jason moved to New York to work for Thomas Keller three Michelin starred 'Per Se'. He then spent three months travelling and eating through Italy before settling in London where he lived for two years working at the likes of two Michelin starred 'The Ledbury' and one Michelin starred 'Pollen Street Social'.

Upon returning to Australia he worked at the Bridge Room before opening Osteria di Russo & Russo in Enmore. Here he headed a successful 3 ½ year stint that won him many awards. Jason is now running the kitchen as head chef of two Hatted restaurant Pili at Freshwater on Sydney Northern Beaches, which is arguably Australia's best Italian restaurant. Join us for three dinner services to remember with a scrumptious six course degustation menu which will be complemented by an outstanding selection of wines from Akarua Winery, Central Otago, New Zealand.

*All dietary is accommodated, please advise well in advance so Jason can prepare his special menu for you.

FJ \$149 PER ADULT (SIX COURSE FOOD ONLY)
FJ \$50 PER ADULT FOR MATCHING AKARUA WINES

FOR ENQUIRIES, CONTACT PHONE: 675 1111

EMAIL : DINE@SOFITELFIJI.COM.FJ

RESERVATIONS ARE ESSENTIAL

INTERNATIONAL CHEF POP-UP
AT SOFITEL FIJI RESORT & SPA



http://bit.ly/International_Chef_Pop-Up_SofitelFJ

SOFITEL
A LOYALTY HOTEL



Welcome to NEVERLAND

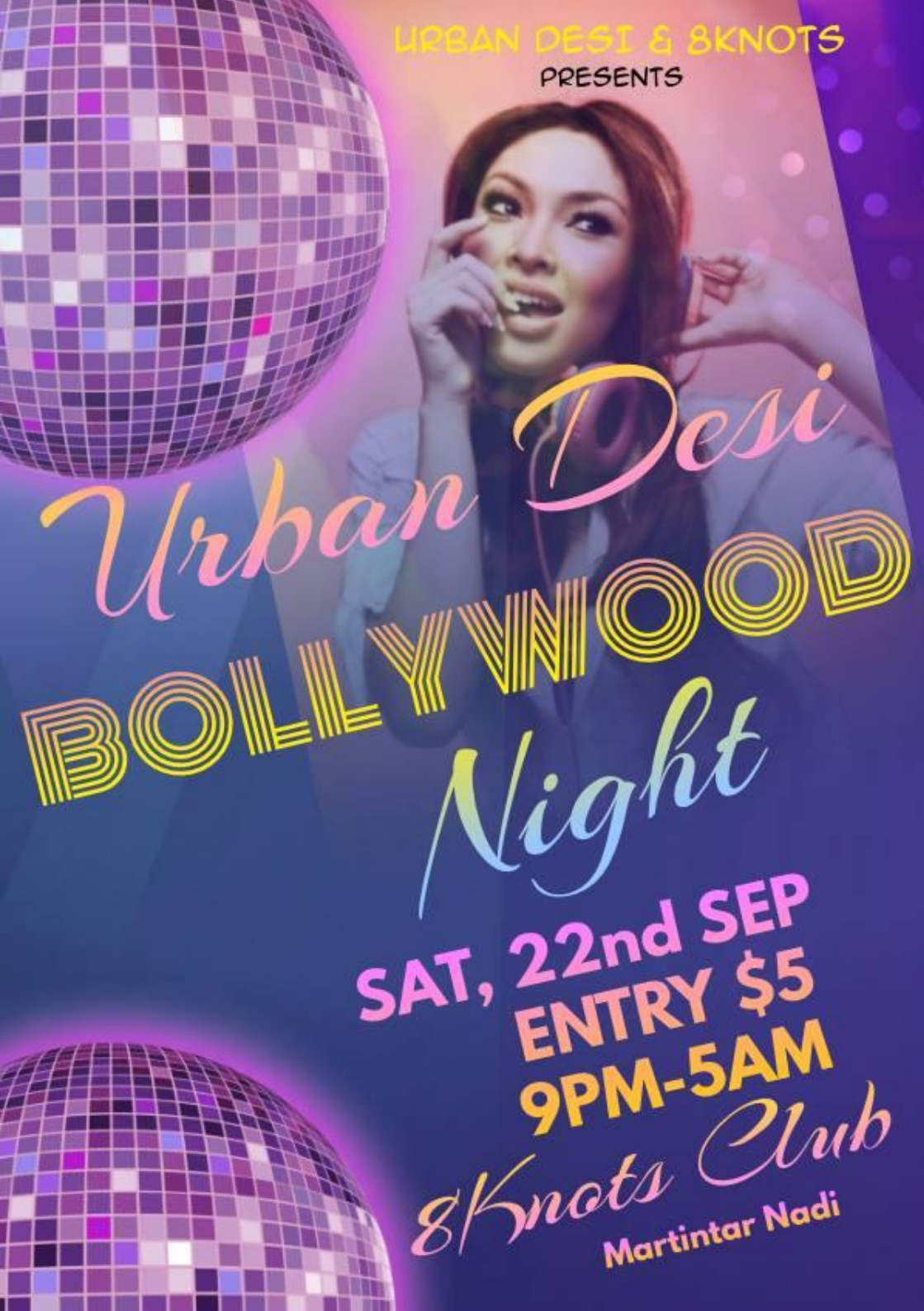


FEATURING: DJ WORKS

Join us in Neverland for a magical evening! Dress the part and dance the night away while supporting the important work of Animals Fiji.

Date: Saturday, 22 September		Location: Neverland!! Shhh-it's a secret..we'll tell you soon!		
Food & Drinks included	Raffle Tickets	Auctions	\$15 transport	Fancy Dress Party & more
TICKETS: \$99 Per Person		Contact: 993 6647	events@animalsfiji.org	

URBAN DESI & 8KNOTS
PRESENTS



Urban Desi
BOLLYWOOD
Night

SAT, 22nd SEP
ENTRY \$5
9PM-5AM

8Knots Club
Martintar Nadi



tripadvisor®

Events

Promotions

Latest News

NADI TOWN & LAUTOKA

A bustling tourism hub on Viti Levu's west coast, Nadi is a great place for travellers to eat, drink and shop. Main Street offers plenty of options for retail therapy.



NADI SPORTS CLUB OPEN CHAMPIONSHIP

*Entries
now
open!*

\$15 Singles / \$10 Double

SAT, 29TH SEPT - 30TH SEPT 2018

FABRICS, FURNISHING &
COMMERCIAL LINEN

50% OFF

TH TO 22ND
SEPTEMBER, 2018

SAL

STARTS THIS SATURDAY
NADI STORE ONLY

SAT - 8.00am to 3pm

WEEKDAYS

SEP

21

Nadi Sale

Public - Hosted by Motiram & Co Ltd



SEP

23

Pool Fun Day

Public - Hosted by Resort Relax Fiji



mango bay resort is celebrating fiji day
for a whole week



october 6th to 14th



MANGO BAY
RESORT

local specials available from \$65.00

come & celebrate with us

sales@mangobayresortfiji.com

ph: 7760069 quote: fjj2018





CLICKABLE LINKS

[Events](#)

[Promotions](#)

[Latest News](#)

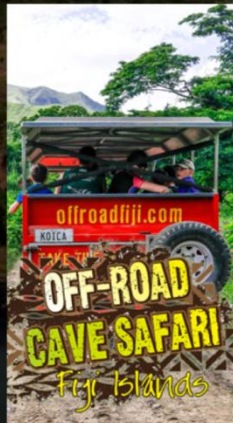
[Directory](#)

WHERE TRADITION, CULTURE & NATURE MEET

CORAL COAST - An 80km stretch of brilliant white beaches and secluded bays along the southern shores of Viti Levu, the Coral Coast is a beachcomber's paradise.



— fiji islands —
SIGATOKA
RIVER SAFARI



EXPERIENCE THE AMAZING SIGATOKA RIVER SAFARI, FIJI

*Looking for things to do in Fiji? Sigatoka River
Safari is Number One!*

CORAL COAST

SEPTEMBER SPECIAL!



FJD\$199
PER ADULT



"Conditions Apply"

Special Offer

from September 15th - September 30th, 2018.

"Take the Road Less Travelled" with Fiji's original Off-Road adventure. Fiji's multiple award winning Off Road Cave Safari is a half day adventure that transports all our guests deep into the Fijian interior aboard our custom built Safari ATV's.

Book now at your Resort Tour Desk

DINNER WITH FLAVIO

Dine with our favourite local Italian food and wine specialist, with a menu designed by Flavio himself along with Nanuku's Chef Oliver. Join us for matched wines and an evening of storytelling and entertainment.



SATURDAY
22ND SEPT 2018

Dinner and Paired Wines | \$185 per person

6:00PM COCKTAILS | 7:00PM DINNER

PRE-RESERVATION ONLY
LIMITED SEATING



Nanuku

AUBERGE RESORT

CONTACT

logan.miller@aubergeresorts.com

SPECIAL ACCOMMODATION PACKAGES ALSO AVAILABLE.





Fiji
Guide



PACIFIC HARBOUR / BEQA - ADVENTURE CAPITAL

In under an hour's drive from Suva on Fiji's southern coast, you can be swimming with sharks or heading off-road on a four-wheel drive tour.

SUNDAY BBQ

Sunday 23rd SEPTEMBER

12PM - 3PM

SALADS

Grilled Eggplant with tomato salsa

Coleslaw

Potato Salad with capers, mayo & mustard

Roasted Pumpkin & Chickpea Salad with chili & coriander

FROM THE SPIT

Roasted Beef with chimichurri

FROM THE WOODFIRED OVEN & GRILL

Cajun Spiced Fish

Smoked Chicken with paw-paw salsa

Bratwurst Sausages

Marinated Lamb Chops

Roasted Potatoes with smoked paprika

Roasted Cauliflower with spices

Thai Fried Rice with pineapple and coriander

DESSERTS

Tropical Fruit Salad and Cakes

F\$35pp

THE ESTABLISHMENT

PACIFIC HARBOUR | 773 0028

eat@establishmentfiji.com

BLUE MONK

BAND

12pm - 3pm

HAPPY
HOUR

4pm - 7pm

KNOX

4pm - 6pm

SUNDAY SESSIONS WITH
KNOX



THE ESTABLISHMENT
SUNDAY 23RD & 30TH SEPT 4PM - 6PM



HAPPY HOUR 4PM - 6PM - FREE BAR SNACKS

PACIFIC HARBOUR | 773 0028



SUVA
PENINSULA
HOTEL

*September
Specials*



FACILITIES OFFERED:

- Licensed **Restaurant**
- Lounge **Bar**
- Conference **Room**
- Free Car **Park**
- Same day Laundry **Service**
- Ironing **Facilities**

ROOMS FROM
\$145

*with Complimentary Continental
Breakfast!*



tripadvisor®

Events

Promotions

Latest News

SUVA & NAUSORI CITY - CAPITAL OF FIJI

Suva, Fiji's capital and largest city, is one of the most cosmopolitan centres of the Pacific – shopping malls and farmers markets, restaurants and entertainment – Suva is a tropical metropolis.



PROCERA MUSIC FIJI
Presents

Procera Music Carnival 2018

Come Down And Support The Local Talents

Venue: VALELEVU Ground Date: 22nd - 29th September, 2018

Featuring Artists

WAIKOULA KEI TAVUA

LAISA VULAKORO

CAKAU NI MANA

VOQA KEI NAHIVA

SAVU NI DELAI LOMAI

ELENA BARAVILALA

PENI SENIYASI

VOQA KEI VALENISAU

ROOTSTRATA

MAKOSOI NI DELAI DEVO

KABU NI DELAI KADE

BILL MASI

DRODROLAGI KEI NAUTOSOLO

DUI BANA

VOQA KAMICA KEI NAWENI

SALUSALU DOMONI

INDIAN NITE:

RONALD JAI

KAVITA NAIR

EDDIE WILSON

DJ BOLLY

SONNETS Ochestra

FUJI CULTURAL CENTRE,

GOSPEL NITE WITH:

SEKOPE RAIKORO

NEW COVENANT



The Fiji Times

fijilive

SPONSORED BY

Home & Living

HIGH COMMISSION OF INDIA



PROFILE PRODUCTIONS
SOUND - LIGHTS - VISUALS
LET'S ALL WORK TOGETHER

VITI FM

Nautarang

Legend FM

RADIO Sargam

FM 96



SEP 21 Alliance Francaise de Suva Art Exhibition
Public - Hosted by Alliance française de Suva and Film Fiji

SEP 21 Movie Fundraiser
Public - Hosted by Save the Children Fiji



SEP 21 Tukuna Fridays Young Adult Acting Class
Public - Hosted by Tukuna Acting Club



SEP 22 Walk for Health
Public - Hosted by Weight Management Clinic - Fiji



SEP 22 Fiji Council of Churches - Season of Creation Ecumenical Event
Public - Hosted by Paddle to Save Our Ocean



SEP 23 USP Sunday Market
Public - Hosted by USP Campus Life



SEP 24 Sketch workshop: Travel diary | with Sébastien Lebègue
Public - Hosted by Alliance française de Suva



SEP 27 Comedy Night
Public - Hosted by InsideOut and Damodar Cinemas

Time Out



Dance To The Beats Of Bollywood Music With Basic Indian Classical And Folk Dance Forms!!!

Put your dancing shoes on to
groove to your favourite
Bollywood music.

Let's have some fun while
breaking a sweat.

**SEE YOU
EVERY SATURDAY!**

Instructor: Ashmita Kant

Location: The Playhouse, Selbourne Street,

Suva, Fiji (parking space available)

Time: 9am - 10am (please arrive 10 minutes prior to class)

Date: Saturdays

Fee: \$4 per hour

Age: Open to all 18+

Email: timeoutforbollywood@gmail.com

FB: [fb.me/timeoutforbollywood](https://www.facebook.com/timeoutforbollywood)

Things to bring:

1. Comfortable shoes
2. Water bottle
3. Towel
4. Entry fee
5. Valid photo ID

TOFIGA

FEPULEA'I

WALK ON • WALK STRONG

WOWS kids

CARING FOR CHILDREN WITH CANCER

10TH ANNIVERSARY

TOFIGA FEPULEA'I

PLUS: WOWS Kids Choir and Jed Taylor

6.30PM THURSDAY 27 SEPTEMBER 2018

NATIONAL GYMNASIUM, SUVA

I CAN'T **BELIVE** it

Tickets - \$15 Adult, \$10 Kids (u14), VIP \$30

Available from WOWS Kids 251 Rewa Street. Outside MHCC or Contain Yourself Café, Edwards Street, Suva

The Fiji Times

STAR
Fiji

NEW ZEALAND
TOURISM

FM

Navarong

VITAM

Legend

fiji sports council

TANOA
HOTEL GROUP

identity

Asco Motors
TOYOTA

PACIFIC

M

STARS

café

café

Kula Kei Uluivaiya

LIVE BAND @ BIRDLAND SPORTS BAR

- First 40 people gets a free Joskes drink
- Best Dressed Crusaders Crew of 5 people wins a carton of Joskes



Saki | Una | Koroi | Tuks | Dee | Wise

DOORS OPEN AT 6.30PM | ADMISSION \$10

FRIDAY 21ST SEPTEMBER



Ilana's Heart Yoga

Let the Breath be Your Guide



ILANA'S HEART YOGA SIX WEEK CLASS SCHEDULE

(September 24th to November 1st)

"The Intimacy of Your Breath. To the ancient masters, a powerful physical practice was not merely a form of exercise meant to increase flexibility or fitness. It was a spiritual way of life based on the intuitive understanding that everything is arising from one nurturing source. It is direct embrace of that power. The key to the power of their practice was and continues to be the breath" (The Heart of Yoga Teacher Training Manual 2017).

Come and learn about the Heart of Yoga with Certified Yoga Teacher,

Ilana Burness (RYT 200 hours, Yoga Alliance).

Sign up for 12 sessions (two per week) and pay \$180.

Beginner and Intermediate classes run from Monday to Thursday, 9am or 5:30pm at Suva Physio Centre, 381 Waimanu Road (opposite St. Joseph's Secondary School).

Schedule is as follows:

DAY	TIME	LEVEL
MONDAY	9am – 10:15am 5:30pm – 6:45pm	Beginners
TUESDAY	9am – 10:15am 5:30pm – 6:45pm	Beginners
WEDNESDAY	9am – 10:15am 5:30pm – 6:45pm	Intermediate
THURSDAY	5:30pm – 6:45pm	Intermediate

To register and choose your preferred date/time, please email Ilana on ilanasheartyyoga@gmail.com or Tel: 9034 860. You can also request for a registration form via private message on www.facebook.com/Ilanasheartyyoga

Deadline for registrations is Friday, 21st September.

CUTTING EDGE COMMUNITY PROJECT

EMPOWERMENT THROUGH EDUCATION

2019



TO ALL THOSE INTERESTED

We're recruiting a new group of participants for our 2019 Cutting Edge Community Project. The winner will receive full scholarship to study hairdressing for **FREE**.

The selection criteria would be:

- o 18-35 years of age
- o Well-groomed with healthy personal habits
- o Competency in English Language
- o Pass 20 minutes skill test

To qualify, you are required to submit a hand-written letter to elaborate your interest in the hairdressing profession, copy of your birth certificate, passport size photo and contact details.

Closing date for all applications are due no later than **10 NOVEMBER 2018**.

Contact: [Praveena Dewan](#) PH: 9437830 E: bebespa@outriggerfiji.com.fj

SPONSORED BY



EmpowHAIR Ministry
Empowerment through education

ISS GARAGE SALE



**FREE
ENTRY**

**3rd Nov
10am-2pm**

To book a table
Contact Shaheena Khan
Mobile: 9211 065
Email: skhan@iss.school.fj

**For those who would like to
set-up a table, space is limited
and tables are allocated on a
first come first in basis.**

Table Cost: \$30.00



BULA SMILES NANNY SERVICES

FIJI



A boutique styled nanny service that offers families a customised experience for their little VIP'S.

Their Nannies are fully qualified and have been put through a vetting process to ensure your children are in safe hands. This includes police background checks and working with children checks that no other nanny service in Fiji provides. Most of their staff are qualified teachers so they offer a uniquely designed service to fit your children's needs.

Bula smiles nanny service Fiji cater to all areas of Fiji.

BULA SMILES NANNY SERVICES FIJI



BULA SMILES NANNY SERVICES FIJI

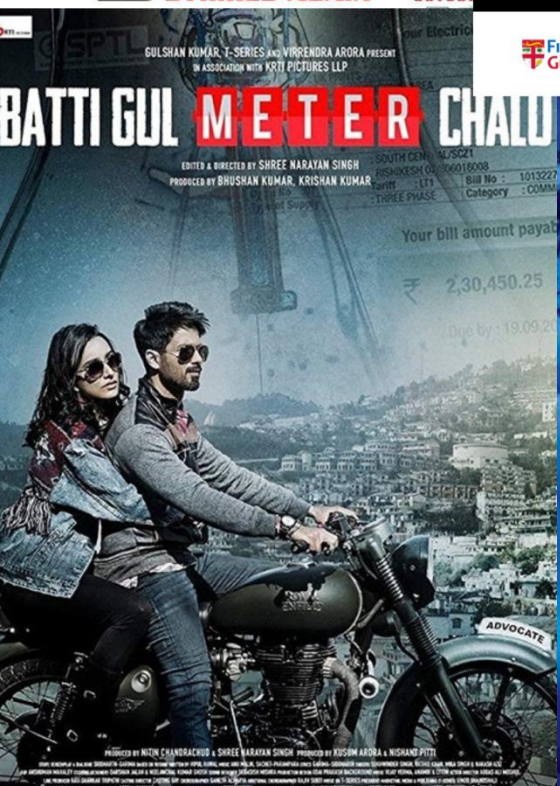


www.facebook.com/BulaSmilesNannyServicesFiji



[bulasmilesnannyservicesfiji](https://www.instagram.com/bulasmilesnannyservicesfiji)





*" The ease of use and beautiful design allows
you to focus on what matters most, Relaxing
and enjoying paradise on earth. Fiji your home
away from home "*

Subheading text

