

A WEEKLY GUIDE TO WHAT'S ON IN **FIJI**

FIJIGUIDE.COM



Issue 6 | September 27th - October 3rd

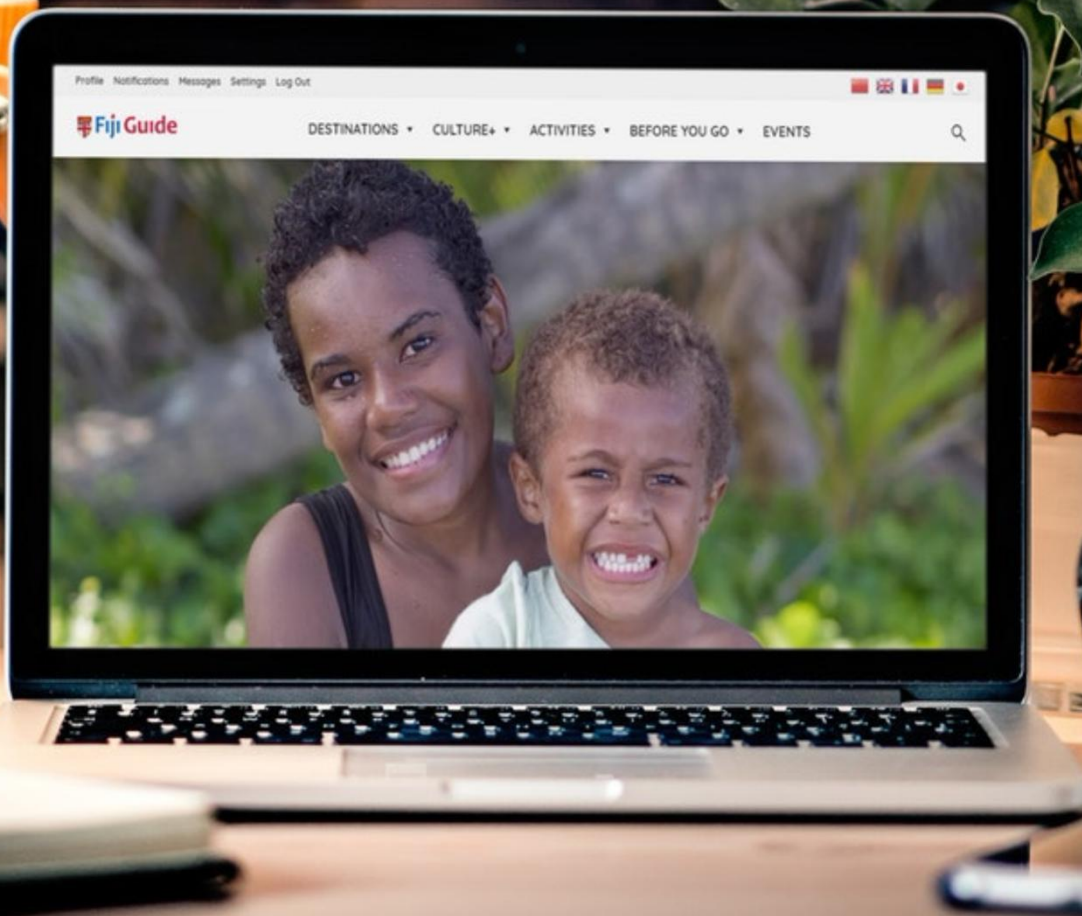


WIN A TRIP OF A LIFETIME

Protector of Paradise Fiji

The Oldest Online Travel Guide to Fiji

Online since 1995, even before the old Fiji Visitors Bureau had its own website. The content from the guide came from my Lonely Planet book.



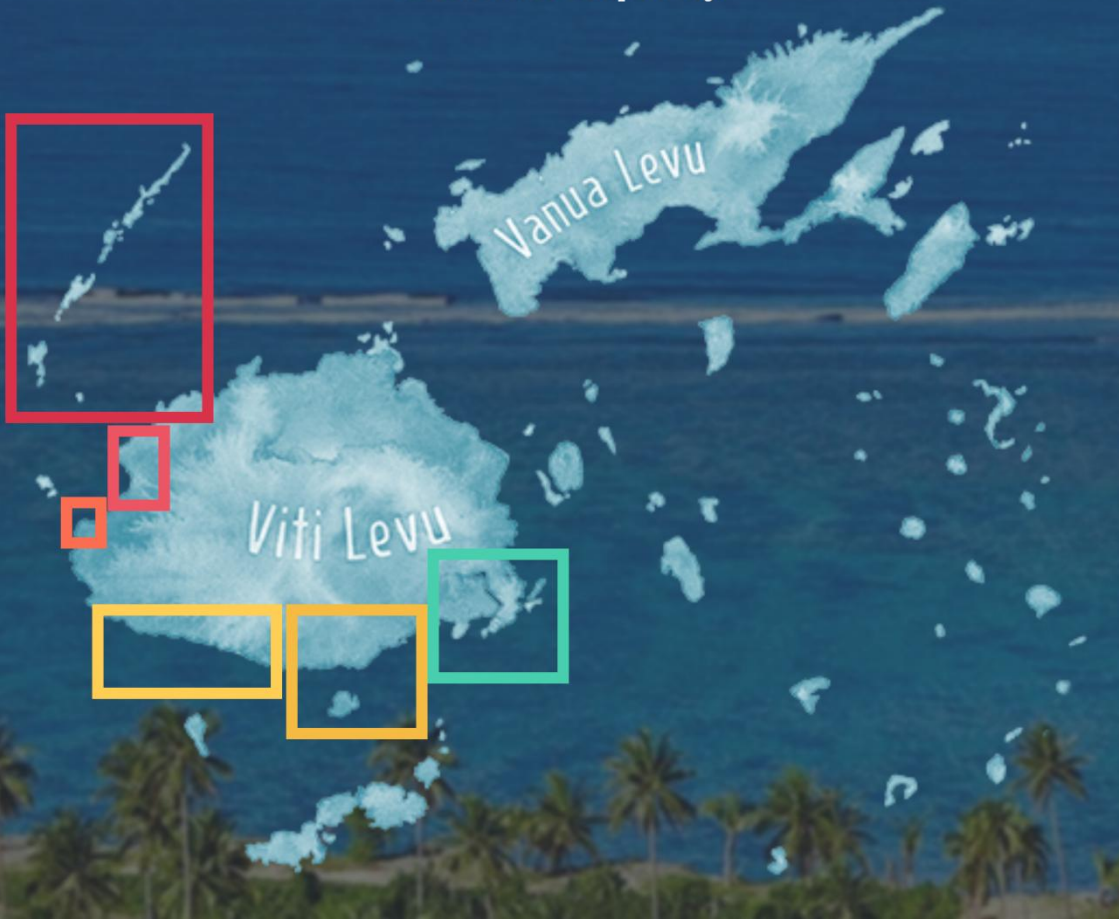
Welcome

Our free magazine focuses on what's happening in our wonderful country over the coming days. You will find links to top quality articles covering local events, seasonal recipes, NGO's as well as travel features and promotions - there truly is something for everyone.

Lining up plans in Fiji? Whether you're a local, new in town, or just passing through, you'll be sure to find something on our Weekly Guide that piques your interest.

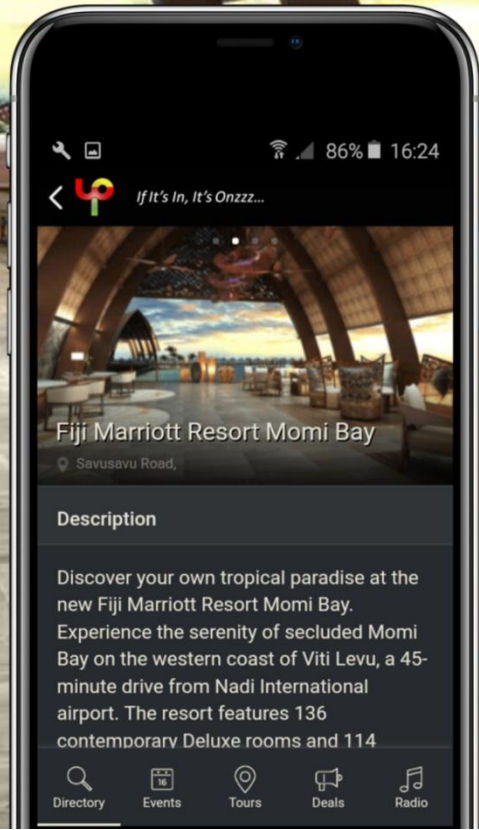
Sit back, relax and enjoy this latest edition - we hope you love reading it as much as we've loved creating it. Like what you see? Let us know via Facebook or Twitter - we're very sociable, so come and join us.

A Clickable Map of Fiji



Fiji in the Palm of your Hand

*" The ease of use and beautiful design allows you to focus on what matter most, Relaxing and enjoying paradise on earth.
Fiji your home away from home "*





LATEST TRAVEL NEWS

Protector of Paradise Fiji Contest

5 hours ago

Win a trip of a lifetime Explore the Fiji Islands, sail, snorkel, kayak, dive, surf, hike, paddle-board Stay in resorts, on a cruise ship, in villas, in villages Take pictures, blog, vlog, present...



LATEST TRAVEL NEWS

Shangri La Fiji Broadcast 2018

5 days ago

Fijiguide would like to share with our members one of the Prime Accommodations on the Coral Coast, the Shangri-La Resort and Spa. Take a moment out of your day and watch their latest broadcast. ...



ACTIVITIES

LATEST TRAVEL NEWS

Ocean Swim Fiji 2018 Highlights

5 days ago

About With both a 1km & 3km swim option at three incredible Fijian locations – Tivua Island, Malamala Beach Club Island and Natadola Beach, Ocean Swim Fiji will be a world class event that...



ACCOMMODATION

ACTIVITIES

LATEST TRAVEL NEWS

Nanuku Resort Fiji Video

5 days ago

About Nanuku Resort Fiji The quintessential South Pacific paradise set along the coastline of Fiji's main island Viti Levu. A sanctuary for relaxation and soulful discovery with 37 Fijian-style...



MAGNIFIQUE GETAWAYS



FJD\$299

SUPERIOR OCEANSIDE ROOM

SATURDAY 29TH SEPTEMBER ONLY

PACKAGE INCLUSIONS:

- Enjoy a welcome drink and cold towel on arrival
- Buffet Breakfast for two (2) adults and up to two (2) children under the age of 12 eat for FREE
 - FREE Kids Club
- 20% discount on F&B and So Spa
- All applicable taxes

COUPLES SO SPA RETREAT

FJD\$100 Per Person

- Enjoy a 60 minute full body massage or facial treatment plus FREE glass of bubbles

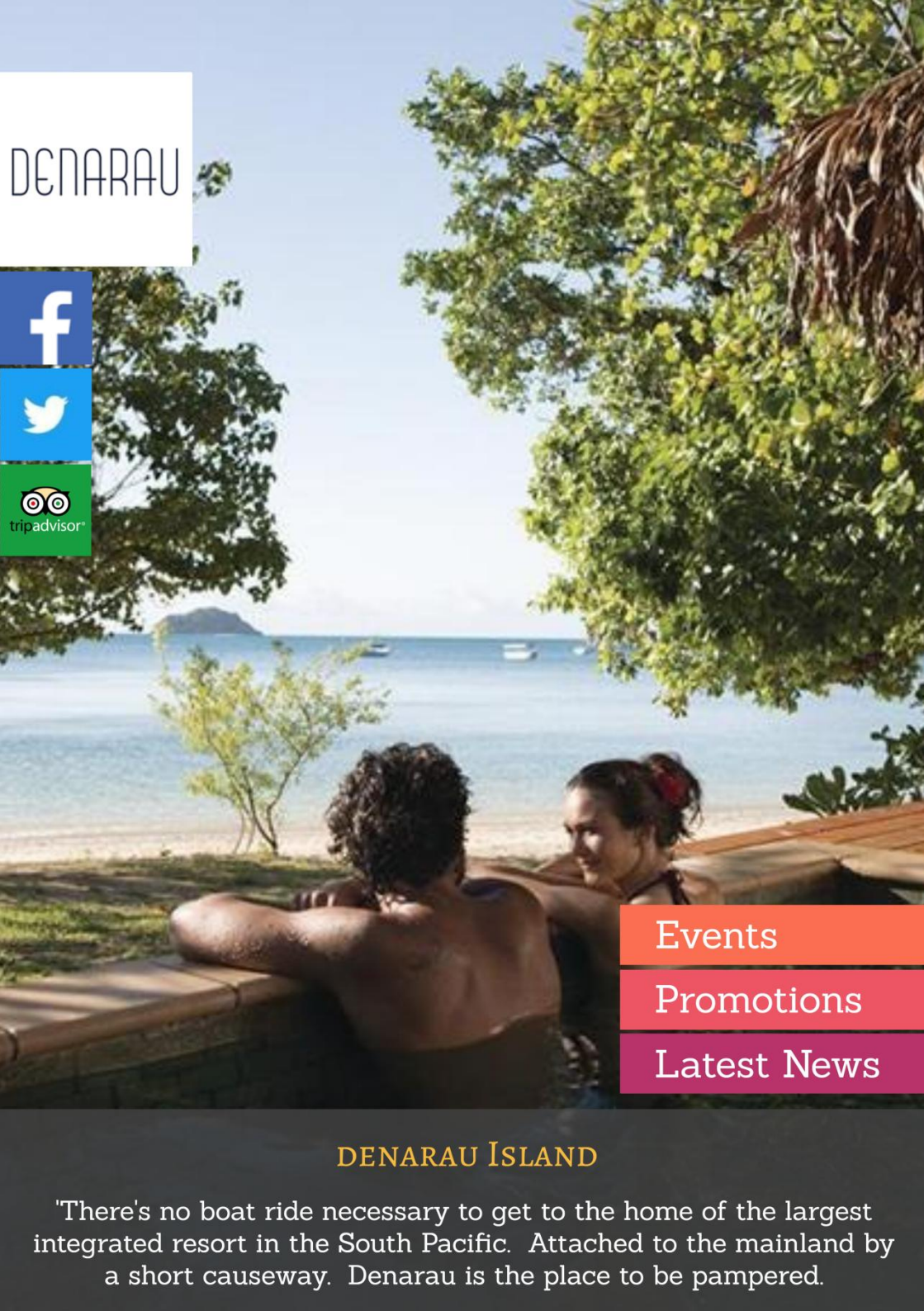
TERMS & CONDITIONS:

- Valid for stay on 29th September only
- Offer available to local residents only
- Local ID must be presented upon check in
- Accor Plus members receive a further 10% discount on room rate only
 - Quote SFGET
- Booking subject to availability
- 20% discount on F&B and So Spa, not applicable for watersports and retail shop and not in conjunction with Accor Plus dining benefits

For reservations call 675 1111 or
Email: reservations@sofitelfiji.com.fj

SOFITEL
HOTELS & RESORTS

FIJI RESORT & SPA

A couple is seen from behind, sitting on a stone ledge and looking out over a tropical beach. The man has dark curly hair and the woman has her hair tied back. They are looking towards a clear blue ocean with a few small boats in the distance. A small island is visible on the horizon. Lush green trees frame the scene on both sides, and a thatched roof is visible on the right. The sky is a clear, bright blue.

DENARAU



Events

Promotions

Latest News

DENARAU ISLAND

'There's no boat ride necessary to get to the home of the largest integrated resort in the South Pacific. Attached to the mainland by a short causeway. Denarau is the place to be pampered.

BIG BULA
WATERPARK

The logo features the words "BIG BULA" in a large, bold, white font with a thick brown outline. To the left of the text is a stylized palm tree with green fronds and a brown trunk. Above the text is a large, stylized blue wave with a white outline. The background of the entire image is a photograph of a waterpark with various slides and a clear blue sky.

DEPARAU FIJI



SEP 28 Hands-on Cooking Class
Public · Hosted by Sheraton Fiji Resort



SEP 29 Westin Weekend BBQ
Public · Hosted by The Westin Denarau Island Resort & Spa



SEP 29 Underground Gourmet
Public · Hosted by Sheraton Fiji Resort



RESTAURANT & BAR

OPENING SOON

OCT 1 Opening of Vai Restaurant & Bar
Public · Hosted by Sheraton Denarau Villas and Sheraton Fiji Resort





Sheraton®
FIJI RESORT



Seaside Breakfast Offer - Adults Only

Public · Hosted by Sheraton Fiji Resort



FIJI AIRWAYS
presents

ROUTES AND BLUES

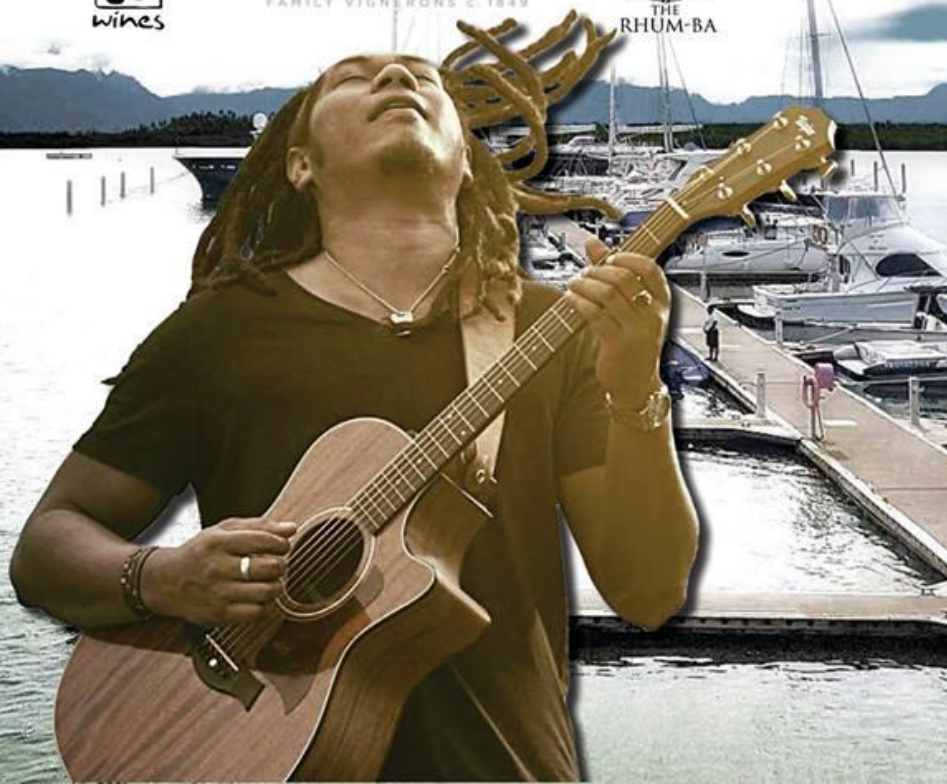
with **KNOX** 28 SEPT, 7 - 11PM
@ THE RHUM-BA
FEATURING THE TALENTED TERIO

GREAT PRIZES AND GIVEAWAYS FROM
FIJI AIRWAYS, VICTORIA WINES
AND RHUM-BA
DRINKS AND CHASERS SPECIALS
FREE ENTRY

DRAW BEGINS AT 9PM



YALUMBA
FAMILY VIGNERONS C. 1849



waitui

BEACH CLUB

LIP SYNC BATTLE

**LAST FRIDAY OF EVERY MONTH
BATTLE ON FROM 6.00PM TILL LATE**

COMPLIMENTARY COCKTAIL ON ARRIVAL

Following the huge success of our two previous Lip Sync Battles at Waitui Beach Club, we are delighted to announce the return of these incredible events on the last Friday of every month.

Indulge in our decadent food and beverage menu and step into the world of Lip Sync Battle to find your inner celebrity!
Or simply cheer for your favourite contestant's.

Test your artist's skills with a microphone in your hand
and the stars in your eyes!

All are welcome, register NOW with us.

FOR ENQUIRIES, CONTACT Phone: 675 1111

Email : DINE@SOFITELFIJI.COM.FJ



EXCLUSIVE WINE TOUR

14-18 NOVEMBER 2018 NEW ZEALAND



from \$ **3,445** *pp

*Per person/ Twin Share.
Conditions apply.

Indulge yourself in a unique wine tour hosted by Villa Maria Wines
- voted the World's Most Admired New Zealand Wine Brand 4
years in a row.

For Bookings call 9908817
Email : holidays@fijiairways.com



Escape to Fiji's No.1 Family Resort

From \$290 bed and breakfast per night*



Book now and enjoy the following

- Free Wi-Fi
- Free selected watersport
- Free buffet breakfast for 2 adults and 2 children
- Children eat free*
- Free Gym
- Free 3 pm late check out
- VIP welcome on arrival including refreshing drink and cold towel
- Free access to kids club (4 - 12 years)

**UPGRADE TO
ONE BEDROOM
SUITE FOR \$100
PER NIGHT**

Terms & Conditions

Rates include taxes and breakfast for 2 Adults and 2 Children - please quote booking code J-LOCAL. Enquire for upgrade option for 2 Adults and 2 Children.
Valid for stays now until 23rd December 2018. Subject to availability - local residents only. *Children eat free with one paying adult. For booking enquiries please
email reservations@radissonfiji.com or call +679 675 6677



International Chef Pop-Up At Sofitel Fiji Resort & Spa

Available from 27 September 2018 until 29 September 2018



INTRODUCING CHEF JASON SAXBY

Sofitel Fiji Resort & Spa, takes immense pleasure in introducing the culinary skills of chef Jason Saxby as he takes over the V restaurant kitchen to work with team Sofitel in late September.

In 2011 whilst working at three Hatted restaurant 'Quay', he picked up the SMH Josephine Pignolet Young Chef of the Year Award. With this prize money Jason moved to New York to work for Thomas Keller three Michelin starred 'Per Se'. He then spent three months travelling and eating through Italy before settling in London where he lived for two years working at the likes of two Michelin starred 'The Ledbury' and one Michelin starred 'Pollen Street Social'.

Upon returning to Australia he worked at the Bridge Room before opening Osteria di Russo & Russo in Enmore. Here he headed a successful 3 ½ year stint that won him many awards. Jason is now running the kitchen as head chef of two Hatted restaurant Pili at Freshwater on Sydney Northern Beaches, which is arguably Australia's best Italian restaurant. Join us for three dinner services to remember with a scrumptious six course degustation menu which will be complemented by an outstanding selection of wines from Akarua Winery, Central Otago, New Zealand.

*All dietary is accommodated, please advise well in advance so Jason can prepare his special menu for you.

FJ \$149 PER ADULT (SIX COURSE FOOD ONLY)
FJ \$50 PER ADULT FOR MATCHING AKARUA WINES

FOR ENQUIRIES, CONTACT PHONE: 675 1111

EMAIL : DINE@SOFITELFIJI.COM.FJ

RESERVATIONS ARE ESSENTIAL

INTERNATIONAL CHEF POP-UP
AT SOFITEL FIJI RESORT & SPA



http://bit.ly/International_Chef_Pop-Up_SofitelFJ

SOFITEL
A LOYALTY HOTEL



Local Special Offer

1 BEDROOM VILLA DISCOUNT

As low as: FJD\$200 VIP per night/per rm.

- Accommodation for 2 adults & 2 children or 4 adults with cooking unit.
- Refreshing Welcome Drink upon Arrival.
- Early check in depending on availability. for stays till 3rd Oct 2018 only.
- New booking only and not combinable with any other special and available to local residents only.

For enquiries or bookings call us on
(679) 6720 222 or email on
res.tokatoka@warwickhotels.com



TROPICAL *Summer* NIGHT

Saturday 29th Sep 2018

Dj James | Dj Dan | Island Mixes | Hip hop | Old School | Latin | Fijian | Desi

Prizes for Island Costume | Pole Dance | Lucky Door Prize | Free Giveaways

FREE DRINK on Entry (\$5)
Airport Volleyball Players
only.
Wristband Required.


ICE
BAR

COVER
Charge
\$5



Events

Promotions

Latest News

NADI TOWN & LAUTOKA

A bustling tourism hub on Viti Levu's west coast, Nadi is a great place for travellers to eat, drink and shop. Main Street offers plenty of options for retail therapy.

mango bay resort is celebrating fiji day
for a whole week



october 6th to 14th

local specials available from \$65.00

come & celebrate with us

sales@mangobayresortfiji.com

ph: 7760069 quote: fjj2018





SEP 26 **Living Free Seminars with Seth Greenwell**
Public · Hosted by Victory Christian Centre, Fiji



SEP 27 **Pacific Fitness**
Public · Hosted by Pacific Fitness



SEP 27 **Intermediate Yoga Class**
Public · Hosted by Essence of Fiji Rejuvenation Centre and Ashtanga Yoga Fiji



SEP 29 **LIFE Runners at the Pinktober March**
Public · Hosted by Fiji LIFE Runners



SEP 30 **Pool Fun Day**
Public · Hosted by Resort Relax Fiji



OCT 2 **Yoga Class - all levels welcomed**
Public · Hosted by Essence of Fiji Rejuvenation Centre and Ashtanga Yoga Fiji



OCT 2 **第4回 校外ゴミ拾い活動**
Public · Hosted by Duavata



Get your Business
Noticed

ADVERTISE HERE

CORAL COAST

SEPTEMBER SPECIAL!

OFF-ROAD
CAVE SAFARI
Fiji Islands



FJD\$199
PER ADULT



"Conditions Apply"

Special Offer

from September 15th - September 30th, 2018.

"Take the Road Less Travelled" with Fiji's original Off-Road adventure. Fiji's multiple award winning Off Road Cave Safari is a half day adventure that transports all our guests deep into the Fijian interior aboard our custom built Safari ATV's.

Book now at your Resort Tour Desk



CLICKABLE LINKS

[Events](#)

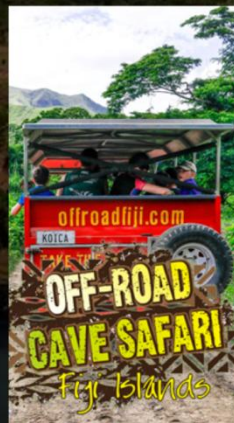
[Promotions](#)

[Latest News](#)

[Directory](#)

WHERE TRADITION, CULTURE & NATURE MEET

CORAL COAST - An 80km stretch of brilliant white beaches and secluded bays along the southern shores of Viti Levu, the Coral Coast is a beachcomber's paradise.



EXPERIENCE THE AMAZING SIGATOKA RIVER SAFARI, FIJI

Looking for things to do in Fiji? Sigatoka River Safari is Number One!

THE ESTABLISHMENT

COME CELEBRATE WITH US!

XMAS

PARTY PACKAGES

1 HOUR BEVERAGE PACKAGE INCLUDED!

includes, Draught Beer, house Red & White wine & soft drinks

CHOOSE FROM A SELECTION OF BUFFETS

CHRISTMAS BBQ BUFFET \$50pp

CHRISTMAS LOVO BUFFET \$55pp

TRADITIONAL CHRISTMAS BUFFET \$65pp

SPIT ROAST BUFFET \$75pp

Packages are a minimum of 30 people
Beverage package included with Buffet

SUNDAY SESSIONS WITH
KNOX



THE ESTABLISHMENT
SUNDAY 23RD & 30TH SEPT 4PM - 6PM



HAPPY HOUR 4PM - 6PM - FREE BAR SNACKS

PACIFIC HARBOUR | 773 0028



Fiji
Guide



PACIFIC HARBOUR / BEQA - ADVENTURE CAPITAL

In under an hour's drive from Suva on Fiji's southern coast, you can be swimming with sharks or heading off-road on a four-wheel drive tour.

FRIDAY 28TH SEPT

RETURN OF THE MAC!



BOGINIKUA IS BACK!

**BONFIRES, BOOZE &
BEATS BY THE BEACH BAR*
FREE DRINK ON ARRIVAL
FOR THE FIRST 50 PEOPLE &
VONU BUCKET SPECIALS
WITH YOUR FAVOURITE DJ!**

9 PM START | \$5 ENTRY | 1ST 50 FREE DRINK



**final
fridayz**





VONU
PURE LAGER
FIJI ISLANDS™

Uprising Festival of Music Dance & Lights

BROUGHT TO YOU BY PACIFIC COAST EVENTS AND PROMOTIONS

SATURDAY 10TH NOVEMBER
UPRISING BEACH RESORT

AMAZING PERFORMANCES FROM LOCAL & INTERNATIONAL ARTISTS
FROM 12PM - MIDNIGHT

\$25
PP



Proudly supporting



EARLY BIRD TICKETS AVAILABLE ONLY UNTIL SUNDAY 21ST
OCTOBER AT THE FOLLOWING LOCATIONS:

DAMODAR CINEMAS - DAMODAR CITY
SUVA: VILLAGE 6 CINEMAS - SUVA CITY

UPRISING BEACH RESORT - PACIFIC HARBOUR

PLATINUM SPONSORS | GOLD SPONSORS | SILVER SPONSORS | MEDIA & SUPPORT SPONSORS





SUVA
PENINSULA
HOTEL

*September
Specials*



FACILITIES OFFERED:

- Licensed **Restaurant**
- Lounge **Bar**
- Conference **Room**
- Free Car **Park**
- Same day Laundry **Service**
- Ironing **Facilities**

ROOMS FROM
\$145

*with Complimentary Continental
Breakfast!*



tripadvisor®

Events

Promotions

Latest News

SUVA & NAUSORI CITY - CAPITAL OF FIJI

Suva, Fiji's capital and largest city, is one of the most cosmopolitan centres of the Pacific – shopping malls and farmers markets, restaurants and entertainment – Suva is a tropical metropolis.



PROCERA MUSIC FIJI
Presents

Procera Music *Carnival* 2018

Come Down And Support The Local Talents

Venue: VALELEVU Ground **Date: 22nd - 29th September, 2018**

Featuring Artists

WAIKOULA KEI TAVUA

LAISA VULAKORO

CAKAU NI MANA

VOQA KEI NAHIVA

SAVU NI DELAI LOMAI

ELENA BARAVILALA

PENI SENIYASI

VOQA KEI VALENISAU

ROOTSTRATA

MAKOSOI NI DELAI DEVO

KABU NI DELAI KADE

BILL MASI

DRODROLAGI KEI NAUTOSOLO

DUI BANA

VOQA KAMICA KEI NAWENI

SALUSALU DOMONI

INDIAN NITE:

RONALD JAI

KAVITA NAIR

EDDIE WILSON

DJ BOLLY

SONNETS Ochestra

FUJI CULTURAL CENTRE,

GOSPEL NITE WITH:

SEKOPE RAIKORO

NEW COVENANT



The Fiji Times

fijilive

SPONSORED BY

Home & Living

HIGH COMMISSION OF INDIA



PROFILE PRODUCTIONS
SOUND · LIGHTS · VISUALS
LET'S ALL WORK TOGETHER

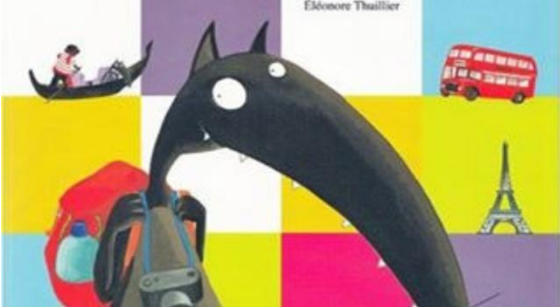
VITI FM

Navtarang

Legend FM

RADIO Sargam

FM 96



SEP 26 **Storytelling for kids**
Public - Hosted by Alliance française de Suva



OCT 2 **Comics workshop for Kids with Albert Rolls**
Public - Hosted by Alliance française de Suva

COOK & TASTE WORKSHOP



SEP 28 **Healthy Eating Workshop: Sweet treats**
Public - Hosted by Alliance française de Suva



SEP 29 **Ex BDAC 2018 Reunion in Suva, FIJI**
Public - Hosted by Choice Investment Properties Pty Ltd



SEP 29 **Come-n-Try Program by World Archery Fiji**
Public - Hosted by Colo-i-Suva Archery Club



SEP 29 **Bhawani Dayal Reunion Night With DJ STATIK**
Public - Hosted by Bass Master DJ and Entertainment



Ladies Night

DISCOUNTS UP TO 30%
On Selected Drinks for LADIES ONLY



Time: 6pm - 10pm
Date: 26 September, 2018.

URBAN DESI & SHENANIGANS NIGHTCLUB
presents

SAT
29
SEP

KIKI LOVES BOLLYWOOD

featuring
DJ V



FREE ENTRY 9pm-10pm | \$10 ENTRY AFTER 10PM WITH A FREE DRINK
DRINK SPECIALS | PRIZES & GIVEAWAYS



URBAN
DESI



Shenanigans



tribe

Time Out



Dance To The Beats Of Bollywood Music With Basic Indian Classical And Folk Dance forms!!!

**Put your dancing shoes on to
groove to your favourite
Bollywood music.**

**Let's have some fun while
breaking a sweat.**

SEE YOU EVERY SATURDAY!

Instructor: Ashmita Kant

Location: The Playhouse, Selbourne Street,

Suva, Fiji (parking space available)
Time: 9am - 10am (please arrive 10 minutes prior to class)

Date: Saturdays

Fee: \$4 per hour

Age: Open to all 18+

Email: timeoutforbollywood@gmail.com

FB: [fb.me/timeoutforBollywood](https://www.facebook.com/timeoutforBollywood)

Things to bring:

1. Comfortable shoes
2. Water bottle
3. Towel
4. Entry fee
5. Valid photo ID

TOFIGA

FEPULEA'I

WALK ON • WALK STRONG

WOWS kids

CARING FOR CHILDREN WITH CANCER

10TH ANNIVERSARY

TOFIGA FEPULEA'I

PLUS: WOWS Kids Choir and Jed Taylor

6.30PM THURSDAY 27 SEPTEMBER 2018

NATIONAL GYMNASIUM, SUVA

I CAN'T **BELIVE** it

Tickets - \$15 Adult, \$10 Kids (u14), VIP \$30

Available from WOWS Kids 251 Rewa Street. Outside MHCC or Contain Yourself Café, Edwards Street, Suva

The Fiji Times

STAR
PROMOTIONS

NEW ZEALAND
TOURISM

TIME

NavanPang

VITAMIN

Legend

fiji sports council

TANOVA
HOTEL GROUP

identity

Asco Motors
TOYOTA

PACIFIC

M

STARS

café

café



Ilana's Heart Yoga

Let the Breath be Your Guide



ILANA'S HEART YOGA SIX WEEK CLASS SCHEDULE

(September 24th to November 1st)

"The Intimacy of Your Breath. To the ancient masters, a powerful physical practice was not merely a form of exercise meant to increase flexibility or fitness. It was a spiritual way of life based on the intuitive understanding that everything is arising from one nurturing source. It is direct embrace of that power. The key to the power of their practice was and continues to be the breath" (The Heart of Yoga Teacher Training Manual 2017).

Come and learn about the Heart of Yoga with Certified Yoga Teacher,

Ilana Burness (RYT 200 hours, Yoga Alliance).

Sign up for 12 sessions (two per week) and pay \$180.

Beginner and Intermediate classes run from Monday to Thursday, 9am or 5:30pm at Suva Physio Centre, 381 Waimanu Road (opposite St. Joseph's Secondary School).

Schedule is as follows:

DAY	TIME	LEVEL
MONDAY	9am – 10:15am 5:30pm – 6:45pm	Beginners
TUESDAY	9am – 10:15am 5:30pm – 6:45pm	Beginners
WEDNESDAY	9am – 10:15am 5:30pm – 6:45pm	Intermediate
THURSDAY	5:30pm – 6:45pm	Intermediate

To register and choose your preferred date/time, please email Ilana on ilanasheartyyoga@gmail.com or Tel: 9034 860. You can also request for a registration form via private message on www.facebook.com/Ilanasheartyyoga

Deadline for registrations is Friday, 21st September.

ISS GARAGE SALE



**FREE
ENTRY**

**3rd Nov
10am-2pm**

To book a table
Contact Shaheena Khan
Mobile: 9211 065
Email: skhan@iss.school.fj

For those who would like to
set-up a table, space is limited
and tables are allocated on a
first come first in basis.

Table Cost: \$30.00

Their Nannies are fully qualified and have been put through a vetting process to ensure your children are in safe hands. This includes police background checks and working with children checks that no other nanny service in Fiji provides. Most of their staff are qualified teachers so they offer a uniquely designed service to fit your children's needs.

Bula smiles nanny service Fiji cater to all areas of Fiji.



bulasmilesnannyservicesfiji



Exclusive Weekend Special

29th Sep - 2nd Oct 19

\$450.00

- 2 Adults
- 2 Children under the age of 14 Stay & Eat FREE!

Extra Person - \$200.00

Inclusive of :

Breakfast / Lunch / Dinner
from Buffet.

For reservations please
call:

Ph: 665 0423

Or email on
res@manafiji.com

conditions apply.

**Weekend
Splash!**





Events

Promotions

Latest News

YASAWA & MAMANUCA ISLANDS

Welcome to Fiji's glittering crown jewels – the Mamanuca and Yasawa Groups. Like a string of pearls the 20 or so picture-perfect coral atolls and islands arc west of Viti Levu.

*" The ease of use and beautiful design allows
you to focus on what matters most, Relaxing
and enjoying paradise on earth. Fiji your home
away from home "*

Subheading text

