

A WEEKLY GUIDE TO WHAT'S ON IN **FIJI**

FIJIGUIDE.COM



Issue 7 | October 3rd - October 10th


DENARAU
FOOD · WINE · MUSIC
Festival

Featured Artists

KNOX

FOUR QUARTERS

INSIDE OUT!

JAY HOAD

ACID TONE

TALEI & NEM!

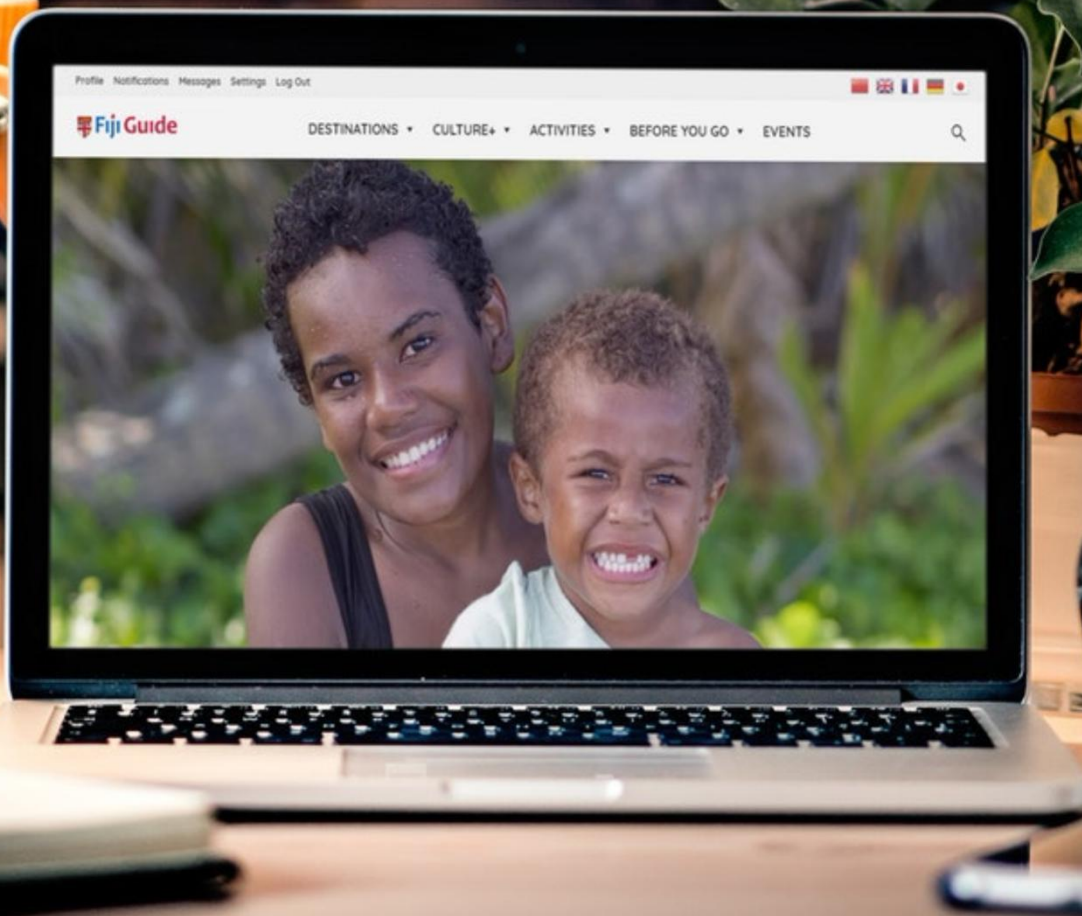
DJ CHRISTONITE

VOU



The Oldest Online Travel Guide to Fiji

Online since 1995, even before the old Fiji Visitors Bureau had its own website. The content from the guide came from my Lonely Planet book.



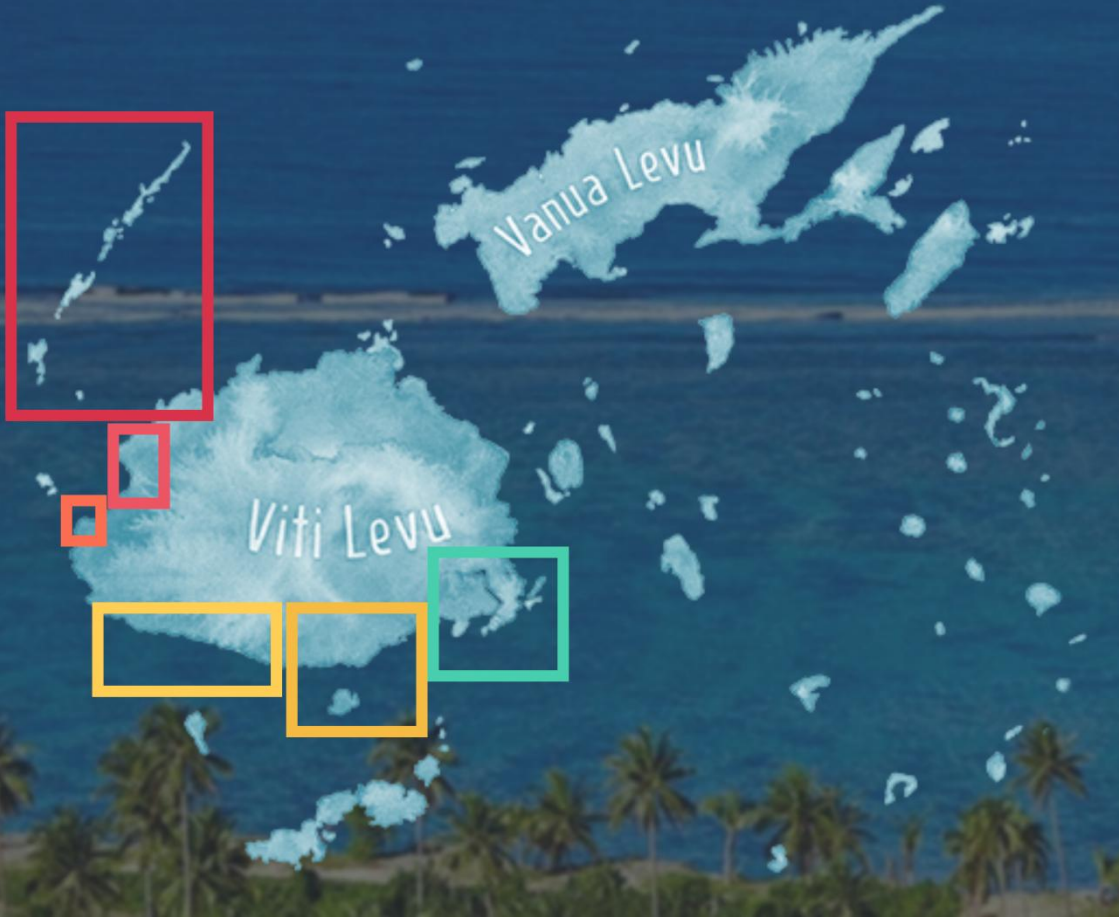
Welcome

Our free magazine focuses on what's happening in our wonderful country over the coming days. You will find links to top quality articles covering local events, seasonal recipes, NGO's as well as travel features and promotions - there truly is something for everyone.

Lining up plans in Fiji? Whether you're a local, new in town, or just passing through, you'll be sure to find something on our Weekly Guide that piques your interest.

Sit back, relax and enjoy this latest edition - we hope you love reading it as much as we've loved creating it. Like what you see? Let us know via Facebook or Twitter - we're very sociable, so come and join us.

A Clickable Map of Fiji



Fiji in the Palm of your Hand

*" The ease of use and beautiful design allows you to focus on what matter most, Relaxing and enjoying paradise on earth.
Fiji your home away from home "*





WIN A TRIP OF A LIFETIME

Protector of Paradise Fiji

MAGNIFIQUE GETAWAYS



FJD\$299

SUPERIOR OCEANSIDE ROOM

SATURDAY 29TH SEPTEMBER ONLY

PACKAGE INCLUSIONS:

- Enjoy a welcome drink and cold towel on arrival
- Buffet Breakfast for two (2) adults and up to two (2) children under the age of 12 eat for FREE
 - FREE Kids Club
- 20% discount on F&B and So Spa
- All applicable taxes

COUPLES SO SPA RETREAT

FJD\$100 Per Person

- Enjoy a 60 minute full body massage or facial treatment plus FREE glass of bubbles

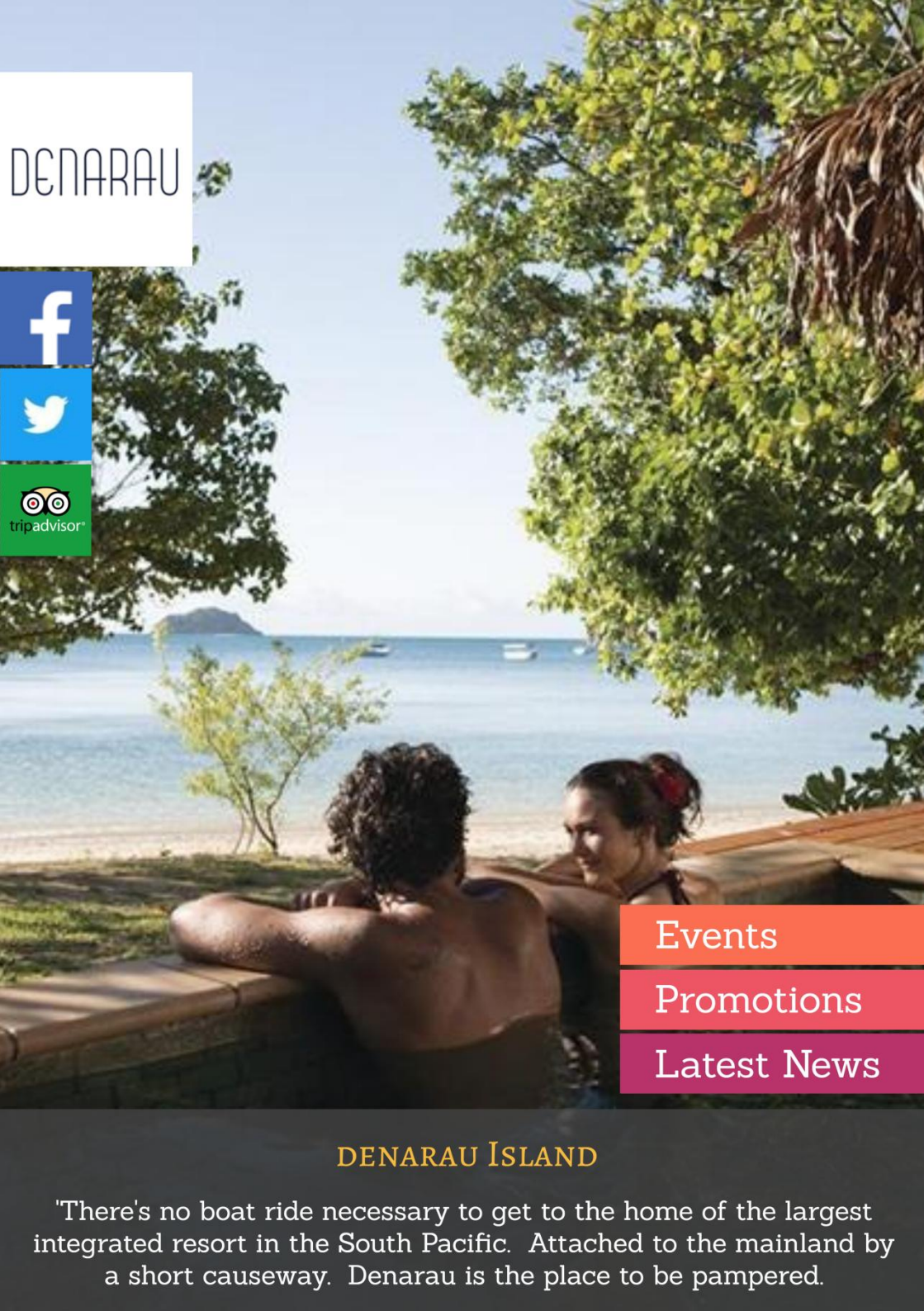
TERMS & CONDITIONS:

- Valid for stay on 29th September only
- Offer available to local residents only
- Local ID must be presented upon check in
- Accor Plus members receive a further 10% discount on room rate only
 - Quote SFGET
- Booking subject to availability
- 20% discount on F&B and So Spa, not applicable for watersports and retail shop and not in conjunction with Accor Plus dining benefits

For reservations call 675 1111 or
Email: reservations@sofitelfiji.com.fj

SOFITEL
HOTELS & RESORTS

FIJI RESORT & SPA

A couple is seen from behind, sitting in a hot tub and looking out at a beautiful tropical beach. The man has curly hair and the woman has her hair tied back. They are both smiling and looking towards the ocean. The beach is sandy with some small trees and a thatched roof structure on the right. The water is a clear blue, and a small island is visible in the distance under a clear sky.

DENARAU



tripadvisor®

Events

Promotions

Latest News

DENARAU ISLAND

'There's no boat ride necessary to get to the home of the largest integrated resort in the South Pacific. Attached to the mainland by a short causeway. Denarau is the place to be pampered.

BIG BULA
WATERPARK

The logo features the words "BIG BULA" in a large, bold, white font with a thick brown outline. To the left of the text is a stylized palm tree with green fronds and a brown trunk. Above the text is a large, stylized blue wave with a white outline. The background of the entire image is a photograph of a waterpark with various slides and a clear blue sky.

DEPARAU FIJI



OCT 4 Seaside Breakfast Offer - Adults Only

Public - Hosted by Sheraton Fiji Resort



OCT 6 Cultural Show at Coco Palms

Public - Hosted by Coco Palms Cultural Experience, Fiji and The Westin Denarau Island Resort & Spa



OCT 5 Japanese Fusion with Michelin Star Chef Takeo Oyama

Public - Hosted by Tour Managers Fiji and Sheraton Fiji Resort



OCT 6 Denarau Food Wine & Music Festival

Public - Hosted by Denarau Food Wine & Music Festival



OCT 6 Farm to Fork Tour

Public - Hosted by The Westin Denarau Island Resort & Spa



OCT 7 Kids Can Cook

Public - Hosted by Sheraton Fiji Resort



OCT 8 Yoga Class

Public - Hosted by Kitchen Grill, Fiji and The Westin Denarau Island Resort & Spa



OCT 9 YOGA CLASS at Pacific Fitness Gym

Public - Hosted by Pacific Fitness and Kama Yoga Fiji

Flavours of Fiji
COOKING SCHOOL



GUEST CHEF COOKING SERIES

PRESENTING CHEF COLIN CHUNG

(Chef & Author of Kana Vinaka Cookbook)
Skilfully modernising & creating seasonally
inspired local dishes using traditional
island ingredients!

Monday 26th November, 2018
11am - 2pm

Island Tapas style with
a complimentary glass of
bubbles & fresh tropical
refreshments \$95pp

KANA
VINAKA!

Best
New World

GOURMAND

Limited spaces available to make a booking email: reservations@flavoursoffiji.com
No5 Denarau Industrial Park, Denarau Island, Nadi Ph: +679 6750 840 www.flavoursoffiji.com



THE
RHUM-BA
LAT: 17°46'22"S LON: 177°22'52"E

SIGNATURE RANGE

CHEF'S TABLE



WATERMELON

Homemade Cheese Balls,
Mixed Seed Nut Brittle with
Micro Coriander



BBQ BABY SQUID

Filled with Spiced Sweet Potato
on a Pawpaw Nam Jim Salad
and Grilled Lime



RUM AGED EYE FILLET STEAK

With Blue Cheese,
Roasted Mushrooms and
Seeded Mustard Jus

WHITE & DARK CHOCOLATE FONDANT

With Milk Chocolate Ice Cream
Cone, Hazelnut Chocolate top,
Raspberry Sorbet, Mango Coulis Jell

Loyalty Members Dinner

Member- \$75 Non-member- \$100

Thursday October 4, 2018

For Reservations call us on 7707486
or email- reservations@rhum-ba.com

MAGNIFIQUE OCTOBER



FJD\$299

SUPERIOR OCEANSIDE ROOM

PACKAGE INCLUSIONS:

- Enjoy a welcome drink and cold towel on arrival
- Buffet Breakfast for two (2) adults and up to two (2) children under the age of 12 eat for FREE
 - FREE Kids Club
- 20% discount on F&B and So Spa
- All applicable taxes

COUPLES SO SPA RETREAT

FJD\$100 Per Person

- Enjoy a 60 minute full body massage or facial treatment plus FREE glass of bubbles

TERMS & CONDITIONS:

- Valid for stays on 7th - 12th | 16th - 18th | 21st - 23rd | 26th - 31st October only
 - Offer available to local residents only
 - Local ID must be presented upon check in
- Accor Plus members receive a further 10% discount on room rate only
 - Quote SFOCT
- Booking subject to availability
- 20% discount on F&B and So Spa, not applicable for watersports and retail shop and not in conjunction with Accor Plus dining benefits

For reservations call 675 1111 or
Email: reservations@softelfiji.com.fj

SOFITEL
HOTELS & RESORTS

FIJI RESORT & SPA

EXCLUSIVE WINE TOUR

14-18 NOVEMBER 2018 NEW ZEALAND



from \$ **3,445*** pp

*Per person/ Twin Share.
Conditions apply.

Indulge yourself in a unique wine tour hosted by Villa Maria Wines
- voted the World's Most Admired New Zealand Wine Brand 4
years in a row.

For Bookings call 9908817
Email : holidays@fijiairways.com



Escape to Fiji's No.1 Family Resort

From \$290 bed and breakfast per night*



Book now and enjoy the following

- Free Wi-Fi
- Free selected watersport
- Free buffet breakfast for 2 adults and 2 children
- Children eat free*
- Free Gym
- Free 3 pm late check out
- VIP welcome on arrival including refreshing drink and cold towel
- Free access to kids club (4 - 12 years)

**UPGRADE TO
ONE BEDROOM
SUITE FOR \$100
PER NIGHT**

Terms & Conditions

Rates include taxes and breakfast for 2 Adults and 2 Children - please quote booking code J-LOCAL. Enquire for upgrade option for 2 Adults and 2 Children.
Valid for stays now until 23rd December 2018. Subject to availability - local residents only. *Children eat free with one paying adult. For booking enquiries please
email reservations@radissonfiji.com or call +679 675 6677



Sheraton®
FIJI RESORT



Seaside Breakfast Offer - Adults Only

Public · Hosted by Sheraton Fiji Resort



Events

Promotions

Latest News

NADI TOWN & LAUTOKA

A bustling tourism hub on Viti Levu's west coast, Nadi is a great place for travellers to eat, drink and shop. Main Street offers plenty of options for retail therapy.

MT SILVA HYPE
PRESENTS
Hennessy

Never stop. Never settle.

**SAT
OCT 6TH**



MR VEGAS OFFICIAL DJ

DJ JOE YOUNG
FROM NYC/JA

CELEBRITY ROLLOUT

6TH ANNUAL

DEEJ BIG BOSS & MC SPONGE
DJ FABULOUS | DJ G-STAR | DJ PEKUS
SLAUTHA HOUSE AND MT SILVA HYPE

PRICES FOR THE BEST DRESSED MALE AND FEMALE

DOORS OPEN AT 10PM | ADM \$10 BEFORE 12PM \$15 AFTER

VENUE CLUB HIGHUP

LOCATED ACROSS FROM MCDONALD'S SIMPSON BAY

INGLOT
ST. MAARTEN

SWEAT





OCT
4

Intermediate Yoga Class

Public · Hosted by Essence of Fiji Rejuvenation Centre and Ashtanga Yoga Fiji



OCT
4

School holiday program for kids

Public · Hosted by Master Noh's Taekwondo



OCT
5

Get Your Glow On! @ Taste Fiji

Public · Hosted by J.Hunter Pearls Fiji



OCT
9

Yoga Class - all levels welcomed

Public · Hosted by Essence of Fiji Rejuvenation Centre and Ashtanga Yoga Fiji





FREE FOUNDATION COACH ACCREDITATION COURSE



WHERE - NADI, ATS
PACIFIC, TRANSVILLE
ROAD, NAMAKA

WHEN - FRIDAY 5TH
OCTOBER

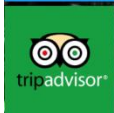
TIME - 9 00AM - 4 00PM



REGISTER BY SENDING US A FACEBOOK MESSAGE OR
COMMENTING ON THIS POST @

[HTTPS://WWW.FACEBOOK.COM/AFLFIJI/](https://www.facebook.com/AFLFIJI/)

OR EMAIL RHIANNON.AFLFIJI@GMAIL.COM



CLICKABLE LINKS

[Events](#)

[Promotions](#)

[Latest News](#)

[Directory](#)

WHERE TRADITION, CULTURE & NATURE MEET

CORAL COAST - An 80km stretch of brilliant white beaches and secluded bays along the southern shores of Viti Levu, the Coral Coast is a beachcomber's paradise.

mango bay resort is celebrating fiji day
for a whole week



october 6th to 14th



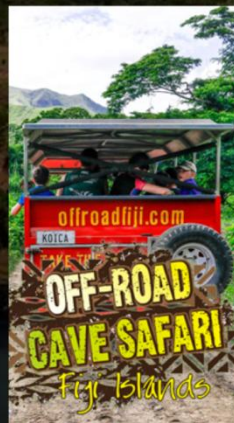
local specials available from \$65.00

come & celebrate with us

sales@mangobayresortfiji.com

ph: 7760069 quote: fjj2018





EXPERIENCE THE AMAZING SIGATOKA RIVER SAFARI, FIJI

Looking for things to do in Fiji? Sigatoka River Safari is Number One!

THE ESTABLISHMENT

COME CELEBRATE WITH US!

XMAS

PARTY PACKAGES

1 HOUR BEVERAGE PACKAGE INCLUDED!

includes, Draught Beer, house Red & White wine & soft drinks

CHOOSE FROM A SELECTION OF BUFFETS

CHRISTMAS BBQ BUFFET \$50pp

CHRISTMAS LOVO BUFFET \$55pp

TRADITIONAL CHRISTMAS BUFFET \$65pp

SPIT ROAST BUFFET \$75pp

Packages are a minimum of 30 people
Beverage package included with Buffet



Fiji
Guide



PACIFIC HARBOUR / BEQA - ADVENTURE CAPITAL

In under an hour's drive from Suva on Fiji's southern coast, you can be swimming with sharks or heading off-road on a four-wheel drive tour.



UPRISING BEACH RESORT PRESENT

INSIDEOUT LIVE + BEACHSIDE BARREL NIGHT #SAYIO

FRIDAY 12TH OCTOBER FROM 8PM
3 KEGS + DRINK SPECIALS
@THE BEACHBAR



120 BARREL TICKETS AVAILABLE FROM UPRISING BEACH RESORT
+ RAJEEVS SERVICE STATION, PACIFIC HARBOUR



io

+679 3452200 www.uprisingbeachresort.com @uprisingfiji #uprisingfiji



VONU
PURE LAGER
FIJI ISLANDS™

Uprising Festival of Music Dance & Lights

BROUGHT TO YOU BY PACIFIC COAST EVENTS AND PROMOTIONS

SATURDAY 10TH NOVEMBER
UPRISING BEACH RESORT

AMAZING PERFORMANCES FROM LOCAL & INTERNATIONAL ARTISTS
FROM 12PM - MIDNIGHT

\$25
PP



Proudly supporting



EARLY BIRD TICKETS AVAILABLE ONLY UNTIL SUNDAY 21ST
OCTOBER AT THE FOLLOWING LOCATIONS:

DAMODAR CINEMAS - DAMODAR CITY
SUVA: VILLAGE 6 CINEMAS - SUVA CITY

UPRISING BEACH RESORT - PACIFIC HARBOUR

PLATINUM SPONSORS | GOLD SPONSORS | SILVER SPONSORS | MEDIA & SUPPORT SPONSORS



SATURDAY 13TH OCTOBER



FIJI DAY

ISLAND • NIGHT
PARTY



8.00 PM TILL LATE
BEST DRESSED PRIZES
FREE ENTRY



tribe

HAPPY HOUR
8 PM - 10 PM
DRINKS SPECIALS
ALL NIGHT



tripadvisor®

Events

Promotions

Latest News

SUVA & NAUSORI CITY - CAPITAL OF FIJI

Suva, Fiji's capital and largest city, is one of the most cosmopolitan centres of the Pacific – shopping malls and farmers markets, restaurants and entertainment – Suva is a tropical metropolis.

Time Out



Dance To The Beats Of Bollywood Music With Basic Indian Classical And Folk Dance forms!!!

Put your dancing shoes on to
groove to your favourite
Bollywood music.

Let's have some fun while
breaking a sweat.

SEE YOU EVERY SATURDAY!

Instructor: Ashmita Kant

Location: The Playhouse, Selbourne Street,

Suva, Fiji (parking space available)
Time: 9am - 10am (please arrive 10 minutes prior to class)

Date: Saturdays

Fee: \$4 per hour

Age: Open to all 18+

Email: timeoutforbollywood@gmail.com

FB: [fb.me/timeoutforBollywood](https://www.facebook.com/timeoutforBollywood)

Things to bring:

1. Comfortable shoes
2. Water bottle
3. Towel
4. Entry fee
5. Valid photo ID



OCT 3 French Movie Night - Et Après / Afterwards
Public - Hosted by Alliance française de Suva



OCT 5 Digicel Birthday Celebration
Public - Hosted by Digicel



OCT 4 Suva Marathon Club's Thursday Social Fun Run!
Public - Hosted by Suva Marathon



OCT 5 Sounds from the Ruku ni Vei Dakua
Public - Hosted by ACS 70th Anniversary



OCT 6 Climbbathon 2018
Public - Hosted by Fiji Women Lawyers Association



OCT 6 Union Sports Day - WDDW 2018
Public - Hosted by National Union of Factory and Commercial Workers



OCT 8 IWA Monthly Meeting
Public - Hosted by International Women's Association (IWA) Fiji



Get your Business
Noticed

ADVERTISE HERE

ISS GARAGE SALE



**FREE
ENTRY**

**3rd Nov
10am-2pm**

To book a table
Contact Shaheena Khan
Mobile: 9211 065
Email: skhan@iss.school.fj

For those who would like to
set-up a table, space is limited
and tables are allocated on a
first come first in basis.

Table Cost: \$30.00



BULA SMILES NANNY SERVICES

FIJI



A boutique styled nanny service that offers families a customised experience for their little VIP'S.

Their Nannies are fully qualified and have been put through a vetting process to ensure your children are in safe hands. This includes police background checks and working with children checks that no other nanny service in Fiji provides. Most of their staff are qualified teachers so they offer a uniquely designed service to fit your children's needs.

Bula smiles nanny service Fiji cater to all areas of Fiji.

BULA SMILES NANNY SERVICES FIJI



BULA SMILES NANNY SERVICES FIJI



www.facebook.com/BulaSmilesNannyServicesFiji



[bulasmilesnannyservicesfiji](https://www.instagram.com/bulasmilesnannyservicesfiji)



One Year Anniversary 1st November



**ITS NEARLY 1 YEAR SINCE
TANOA RAKIRAKI OPENED ITS NEW ROOMS
AFTER A FULL REFURBISHMENT.**

TO CELEBRATE WE ARE GIVING YOU THIS GREAT RATE
SUPERIOR QUEEN - FROM \$130 PER NIGHT
INCLUDES TROPICAL BREAKFAST & WIFI

Terms and conditions: Subject to availability. Rate quoted is in Fijian dollars and is for 2 people.
Must book and pay by 31 October 2018. Valid for travel 01 November 2018 - 31 January 2019.

FOR BOOKINGS AND ENQUIRES

Ph: 669 4101 or 999 8398 | rakiraki@tanoahotels.com | tanoarakiraki.com


TANO A
RAKIRAKI
RAKIRAKI, FIJI



COCO COLADA

- 45ml of Fiji Coconut Rum (white rum)
- 30ml of pineapple juice
- 15ml of lime juice
- Ice
- Top up with fresh coconut water and....SHAKE!

*" The ease of use and beautiful design allows
you to focus on what matters most, Relaxing
and enjoying paradise on earth. Fiji your home
away from home "*

Subheading text

