

A WEEKLY GUIDE TO WHAT'S ON IN **FIJI**

CENTRAL DIVISION

FIJIGUIDE.COM



WESTERN DIVISION

Issue 13



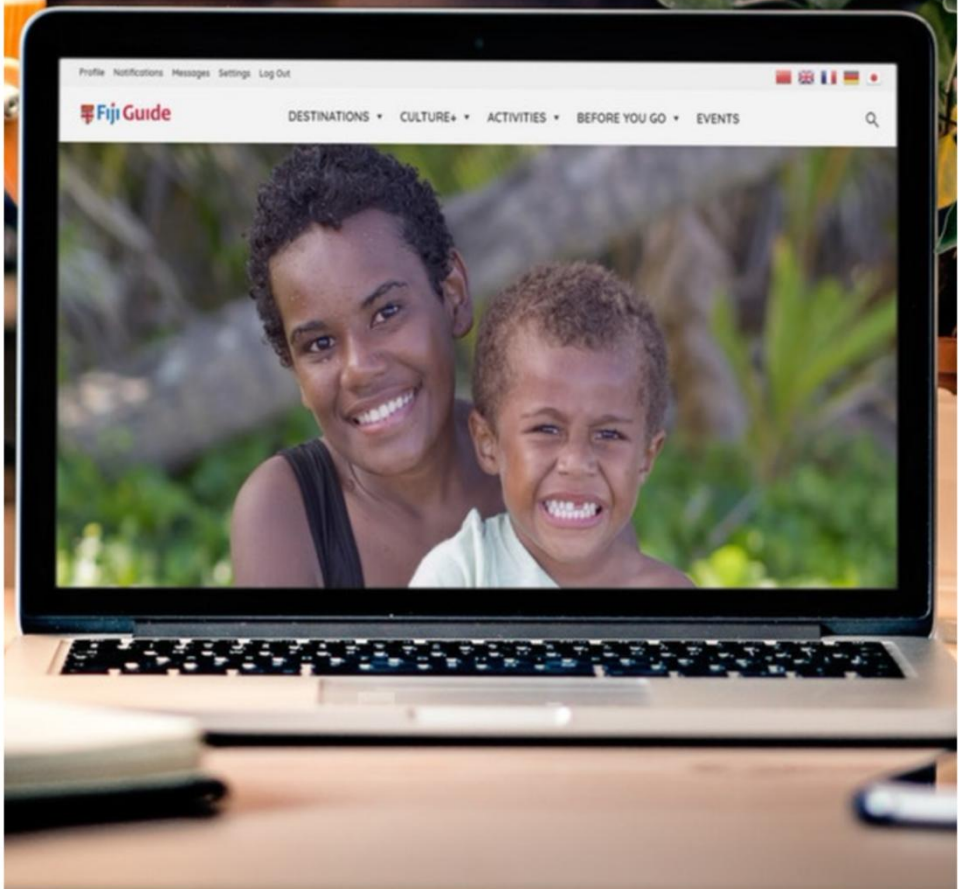
CENTRAL
DIVISION

WESTERN
DIVISION

SWIPE & CLICK MAGAZINE

The Original Online Travel Guide to Fiji

Online since 1995, even before Tourism Fiji established their own website. The primary content for Fiji Guide was derived from Rob Kay's award-winning Lonely Planet Travel Survival Kit.



Ni Sa Bula

Lining up plans in Fiji? Whether you're a local, new in town, or just passing through, you'll be sure to find something on our Weekly Guide that piques your interest. We've got original articles, videos, photos, and a serialized edition of Ron Wright's classic *On Fiji Islands*, originally published by Penguin Books and recognized as the best nonfiction Fiji travel narrative ever written.



THE ESTABLISHMENT

SUNDAY SESSIONS

WITH
KNOX

18th NOVEMBER 4PM - 7PM

HAPPY HOUR PRICES & FREE BAR SNACKS!



eat@establishmentfiji.com . 773 0028

vectorMVA.com



Interview with Chef Mo Arun of the Grand Pacific Hotel

By Rick Garrett

Arguably one of the most influential chefs in Fiji, Chef Mo Arun has become well known in recent years as a practitioner of the “Pacific Rim Authenticity Cuisine”. A native of Nadi, he began his culinary career at the Fijian Hotel (now the Shangri-La) and Regent of Fiji (now The Westin Denarau Island Resort & Spa). He subsequently moved to New Zealand and moved up the ranks in some of New Zealand's best known hotels and restaurants.

In 1997 he became Executive Chef of one of Auckland's most fashionable restaurants, Iguacu in Parnell, prior to a stint at the respected Stamford Plaza Auckland in 2007.

Chef Mo has been the recipient of many honors including the New Zealand Culinary Fare Kitchen Team awards, the 2010 New Zealand Beef and Lamb Hallmark of Excellence Gold Plate Award, the 2008 New Zealand Metro Top 20 Restaurant awards and, for three consecutive years, the “Entertainment Gold Award” for best fine dining restaurant.

[READ MORE](#)



NOV
19

November Drama Session

Public - Hosted by Suva Drama Association



NOV
20

Awards Day

Public - Hosted by Levuka Public Primary School



NEW SHORT COURSE:
GREEN ISLAND KIDS CLUB!
(SUVA)

WHEN: 6 WEEKS
TUES + THURS 3.30 - 5PM
16 OCT - 22 NOV 2018

WHERE: 11 BURETA ST, TAMAVOA

BOOK: 726 4019 OR 355 4019

CONTACT: @LOVINGISLANDS.COM

NOV
20

Short Course: Green Island After School Kids Club! (Suva, 8-11y)

Public - Hosted by Loving Islands and Tasty Island Treats Fiji



NOV
21

Arise In Fiji

Public - Hosted by ARISE Conference

HIGH SCHOOL ARTS EVENING

food & drinks available to purchase



Thursday 22nd November
ISS Breezway
6-8 PM





NOV 21 SPCA Meet & Greet Night
Public - Hosted by SPCA Fiji Islands

Speed Networking

Together we are unstoppable

NOV 22 Speed Networking: Suva
Public - Hosted by Women In Business (Fiji)



NOV 22 Suva Marathon Club's Thursday Social Fun Run!
Public - Hosted by Suva Marathon

WHAT THE HEALTH



NOV 22 Movie night: What the Health
Public - Hosted by Adventist Wellness - Fiji and 2 others



COWSPIRACY

THE SUSTAINABILITY SECRET

NOV 21 Movie night: Cowsspiracy
Public - Hosted by Alliance française de Suva and VegFest Fiji



**ONE LOVE IN CHRIST CHARITY &
ST JOHN ASSOCIATION OF FIJI PRESENTS**

SUSTAINING LIVELIHOOD OUTREACH PROGRAM

FREE COURSE

FIRST AID CERTIFICATION COURSE

Empowering Men & Women across Fiji!



FRIDAY 30TH NOVEMBER, 2018



9AM - 4PM



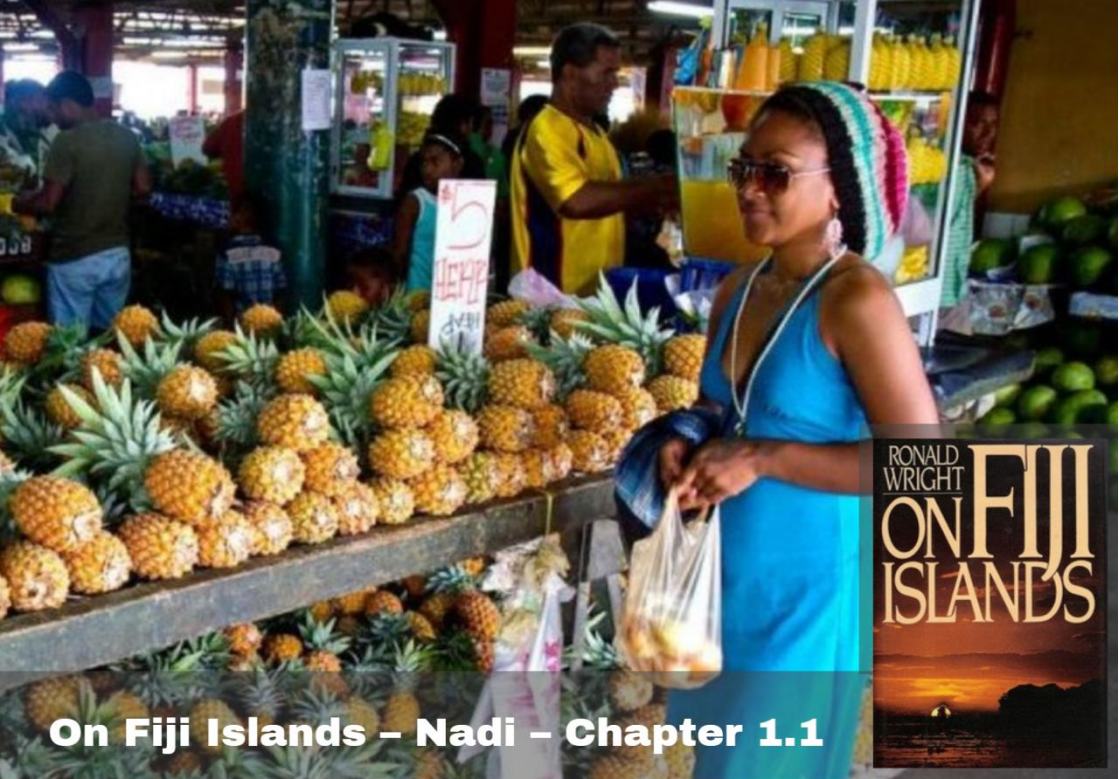
SACRED HEART CATHEDRAL CRYPT (PRATT STREET, SUVA)

**FOR REGISTRATION PLEASE PROVIDE YOUR NAME VIA
TEXT MESSAGE TO: +679 9965779
RSVP by Sunday 25 November 2018**

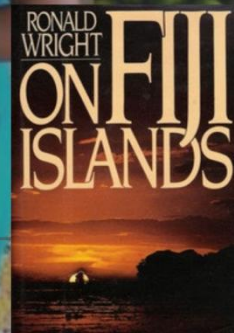
PLEASE BRING BIRTH CERTIFICATE & VOTER ID



ONELOVEINCHRIST.ORG.AU



On Fiji Islands – Nadi – Chapter 1.1



On Fiji Islands

Derek came back to the breakfast table with a Fiji Times and a longhaired young Indian.

"Hi! I'm Krishna," the Indian said. "Hire my taxi all morning? I show you sugar plantations, Fijian village and cultural centre, duty-free camera shops in Lautoka, and good curry restaurant. Only twenty-five dollar."

He beamed. I could tell that Derek was already persuaded.

"Okay? Okay? Krishna said.

"Okay, said Derek.

Twenty, I said.

Okay, said Krishna.

Krishna's taxi was a Toyota Crown, powered by diesel and protected by

a Hindu icon of his namesake next to the cigarette lighter.

Most people on the Nadi streets and along the 'roadside were Indians-shopkeepers, cabbies, sari-swaddled women, farmers dangling machetes-descendants of indentured workers brought to Fiji before the First World War. Krishna was wearing what amounts to a uniform among the younger Indian men: widely flared bell-bottoms, tight and low on the hip, a shark's tooth on a silver chain around his neck, an enormous gold watch draped loosely like a dancing girl's bracelet on his slender wrist, and a Hawaiian shirt with the word "Fiji" in red letters lurking amid orange vegetation.

The Lautoka road passed several new hotels-concrete shoeboxes surrounded by thatched bowers symbolic of the South Seas. Not far beyond these was the "cultural centre," built in the same rustic style-a collection of tourist stalls beside

THE ESTABLISHMENT **2 FOR 1** PIZZA FRIDAYS!



**AVAILABLE
ALL
DAY
FRIDAY**

EAT IN OR TAKE OUT!



P. 773 0028

PACIFIC HARBOUR

eat@establishmentfiji.com

PosterMyWall.com

. Krishna stayed in his taxi; we went inside. The place had an air of doubtful authenticity, a suspicion confirmed by wooden masks displayed for sale on the walls. The ancient Fijians didn't make wooden masks—these were artifacts of the Nairobi airport tradition, the Third World's revenge for glass beads and gaspipe muskets.

Derek bought two bark cloth place mats from the bushy-haired Fijian saleswoman. We were then approached by her son, a boy of about fourteen:

"Good morning, sirs. If you like I can show you the village."

"What do you charge?" Derek asked.

"Whatever you think is right."

We followed him into a small Fijian community that occupied some flat land between the road and the Pacific. The houses were modern freshly painted, modestly prosperous. Unlike the tourist stalls and hotel bars, they were built of cement blocks and clapboard, with metal roofing. Many were shaded by mango and breadfruit trees; hibiscus, bougainvillea, and frangipani bushes grew around them.

As a child reading sea stories I had imagined the breadfruit as an apple tree hung with loaves. I saw now that it has large leaves the shape of swans' feet, and its fruit resemble giant avocados with reticulated skin. There were no fences or formal streets, the village houses were arranged in a roughly circular pattern around a central green, called a rara, and separated from each other by stretches of well-trimmed grass.

The inhabitants appeared to be out for the day or resting indoors. It was quiet; I could hear waves on the beach, wind in the trees, a distant radio, and an occasional passing car.

There was no clutter or untidiness. The only things that seemed out of place were the carcass of an old Bedford lorry and beside it an elliptical stone, about three feet long, with a cup hollowed in the top.

"In the old days," the boy said, "we used those for pounding roots." He walked on ahead. Derek said: "It was probably a sacrificial stone where they killed their prisoners-and I think he knows it."

Around the rara, an expanse of lawn about a hundred yards across, stood the most important buildings: the Methodist church, the chief's bure, and the houses of clan heads. The church could have passed without comment in rural Canada-white clapboard walls, a steep metal roof, and Gothic windows with panes of coloured glass. More interesting was the bure, or ceremonial meeting house, which rested on a low earth platform and was being re-thatched; its wall posts and woven bamboo framework were temporarily exposed. When finished, Derek remarked, the bure would look like an elegant haystack with doors. This building, a focus of the community, was clearly authentic-built in the traditional Fijian style for Fijians, not tourists. In front of it stood a flagpole and a small thatched shelter, open to one side.



About the author

Ronald Wright

About the author Ronald Wright Many people helped me during the research and writing of this book. Fiji's inhabitants extended their remarkable courtesy and hospitality, and Alberta Culture gave generous financial support without which the journey might never have been made. Any list of individuals will be fraught with omissions, but I should like in particular to thank here the following for many forms of hospitality and kindness. In Fiji: Jemesa Bonowai, Ratu Sir George Cakobau, Fergus Clunie, Paul Geraghty, Michael Howard, Ratu Lemeki Natadra, Tevita Nawadra, Nii Plange, Josaia Ratumaitavuki, Marshall Sahlines, Aseri Vuetai, Rabi Island Chairman, Manager, and Council of Leaders, the Superintendent and Ministers of Rabi Methodist Church, the Principal, staff, and pupils of Rabi Secondary School. In Britain and Canada: Janice Boddy, Sir Ronald and Lady Garvey, William McKellin, Bella Pomer, Ralph Premdas, Rod Vickers, Penny Williams, my parents. At Viking Penguin: Jennifer Snodgrass, William Strachan, Charles Verrill.

ALBERT ANTHONY VEERAN'S

SALES / PERSONAL DEVELOPMENT SEMINAR & BOOK RELEASE



CHANGE YOUR PERSPECTIVE, CHANGE YOUR DESTINY

Wednesday 28th November - Novotel Suva

Sales

- Become the selling superstar
- Acquire the skills for building Rapport with prospects
- Learn the skills of Identifying, even unspoken, prospect needs
- Overcoming buyers' Objections
- Sale Closing Techniques after Presenting
- Exercising Relationship Selling

Personal Development

- Setting & Actually Achieving Goals
- Realistic Time-Management
- Creating the Most Powerful & Productive Day... Each Day
- Overcoming Worry, Stress, Procrastination, Distractions
- Change? Create Change in Physiology & Psychology for endless Productivity & Presence



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ALBERT ANTHONY VEERAN'S
NEWLY PUBLISHED BOOK
HIGH PERFORMANCE SELLING

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\$35pp

SUNDAY BARBECUE

**& JAZZ with Blue Monk
KNOX from 4pm!**

**ALL YOU CAN EAT BBQ BUFFET AT
THE BEER GARDEN**

18th November | 12pm - 3pm

**THE
ESTABLISHMENT**

Bookings 7730028 eat@establishmentfiji.com

**Queens Highway, Pacific Harbour
Happy hour 4pm - 7pm Daily!**



GREENFIELDS LONG GRAIN RICE 10KG



Price valid till Tuesday 20th November, 2018. Price may vary outside Viti Levu.
Pictures for illustration purposes only.



NOV
17

Farm to Fork Tour

Public - Hosted by The Westin Denarau Island Resort & Spa



NOV
17

Westin Weekend BBQ

Public - Hosted by The Westin Denarau Island Resort & Spa



NOV
17

Cultural Show at Coco Palms

Public - Hosted by Coco Palms Cultural Experience, Fiji and The Westin Denarau Island Resort & Spa



NOV
17

Seafood Extravaganza

Public - Hosted by Feast Restaurant, Sheraton Fiji resort



NOV
18

Kids Can Cook

Public - Hosted by Sheraton Fiji Resort



NOV
18

Pool Fun Day

Public - Hosted by Resort Relax Fiji



NOV
20

第4回 校外ゴミ拾い活動

Public - Hosted by Duavata



NOV
20

Yoga Class - all levels welcomed

Public - Hosted by Essence of Fiji Rejuvenation Centre

NOV
22

Intermediate Yoga Class

Public - Hosted by Essence of Fiji Rejuvenation Centre

Tuesday

PIZZA DEAL

Buy 1
get 1
FREE

4PM - 9PM

VALID FOR SAME SIZE PIZZA OR LESS





ALEPH-TAV
MINISTRIES PRESENTS

Weekly Prayer SERVICE

ALL ARE WELCOME!!

NOV
17

Weekly Prayer Service - Nadi

Public · Hosted by Fiji House Of Prayer



NOV
17

Model Promo Shoot

Public · Hosted by Royal Photography Fiji



SASSY STEVE MCCOMBER
TUMINO KIM ROVA (AERIAL DANCER)
OSEA KALOUMAIRA (GUITAR)

NOV
17

Sunset Vibes

Public · Hosted by Paradise Taveuni and SASSY



NOV
20

Oceania Rugby Women's Championship 2018



BAR ONE
presents



ISLAND VIBEZ

@BAR ONE - Fiji's finest brand new Bar and Nightclub
located above Tu's Place and Xerox Martintar, Nadi

DATE : FRIDAY, 16th November and Saturday, 17th November

KULTURE
Music Fest
2018

Its ON

This 17th November, 2018

SOLD AT
THE GROUNDS

Live Music | *Great Food* | *Awesome Drinks*

EVENT STARTS: 12PM - 11PM | SPECIALS: FOOD & DRINKS |
BONTANICAL GARDEN | KIDS UNDER 10 FREE



OKIDOKI | POWER PLAY | NASIO DOMONI | LEBA BOI YAWA | SENIDAWA NI DELAI DOKIDOKI | MICKY NIURU





NOV

19

Yoga Class

Public - Hosted by Kitchen Grill, Fiji and The Westin Denarau Island Resort & Spa



NOV

20

YOGA CLASS at Pacific Fitness Gym

Public - Hosted by Pacific Fitness and Kama Yoga Fiji



NOV

21

YOGA CLASS at The Rhum-ba

Public - Hosted by Kama Yoga Fiji



NOV

22

YOGA CLASS at Vai Restaurant & Bar

Public - Hosted by Kama Yoga Fiji and Sheraton Fiji Resort



SWBLIME NOVEMBER



FJD\$285

SUPERIOR OCEANSIDE ROOM

PACKAGE INCLUSIONS:

- Enjoy a welcome drink and cold towel on arrival
- Buffet Breakfast for two (2) adults and up to two (2) children under the age of 12 eat for FREE
- All applicable taxes

UPGRADE TO DINNER INCLUSIVE PACKAGE

- For a nightly supplement of FJD \$65 Per Adult Include buffet dinner
- Complimentary buffet dinner for up to one child under the age of 12 y.o per paying adult

SO SPA RETREAT

FJD\$80 Per Person

- Enjoy a 60 minute full body massage or facial treatment plus FREE glass of bubbles

TERMS & CONDITIONS:

- Valid for stays on 11th November - 20th December only
 - Offer available to local residents only
 - Local ID must be presented upon check in
- Accor Plus members receive a further 10% discount on room rate only
 - Quote SFNOV
- Booking subject to availability
- Not available for stays on 17th | 24th November & December 01st | 5th | 6th | 7th | 8th | 15th

For reservations call 675 1111 or
Email: reservations@softelfiji.com.fj

SOFITEL
HOTELS & RESORTS

FIJI RESORT & SPA



Local Special

Fiji Residents Only

Book now!

F\$280

per night for a run of house room

Package include:

- ✓ Breakfast daily for 2 adults and 2 children 12 years and under

Add:

- ✓ Lunch & Dinner for 2 adults and 2 children 12 years and under for only \$170 per day
- ✓ Return transfers for \$80 per adult and \$40 per child



Room



Waterpark



Food

Valid for Travel: 8th – 17th November 2018, 13th – 24th December 2018 & 10th January – 31st March 2019

Reservations Contact Details

Email: reserve@plantationisland.com | Call: (+679) 6734 777 | Website: www.plantationisland.com

Conditions: Above accommodation rates are based on 2 Adults and 2 children under the age of 12 years using existing bedding and include 6% STT, 9% VAT and 10% ECAL. Extra person is F\$60 per person. Above rate is accommodation and breakfast only. Extra meals and transfers to be booked separately. Please note you are required to present Local ID (Driver's License or Work ID) at the time of booking. Accommodation Payment: Our payment policy is that we require 2 nights deposit upon confirmation of the booking and final balance is due 7 days prior to arrival. Cancellation Policy: If the booking is cancelled 15 days or more prior to arrival, no fee is incurred however a 5% bank fees is applied to refund the amount. If the booking is cancelled within 14-6 days of arrival, Plantation will charge the two nights deposit as cancellation fees. If the booking is cancelled within 5 days of arrival, 100% cancellation penalty is incurred.



PLANNING A PARTY?

**WE HAVE YOU COVERED!
EXCELLENT CHOICES.**

Lower Deck (Clubhouse)
Upper Deck (Clubhouse)
Bar Area and upper deck excluding Tennis Deck
Bar and Upper Deck
Pool Bar and Garden Area
Security Guard



FOR BOOKINGS : CALL 6700239,



STAFF XMAS PARTY

Robinson Crusoe Island

\$99 per adult

2 hours of local beer, wine & soft drinks

BOOK NOW

Full Lovo Buffet Lunch
2 hours of local beer, wine & soft drinks
South Pacific Dance Show
Island Activities
Return Boat Transfers
\$75 without drinks

Contact: Shobna Ph: 737 5216 Email: sales@rcifiji.com

*" The ease of use and beautiful design allows
you to focus on what matters most, Relaxing
and enjoying paradise on earth. Fiji your home
away from home "*

