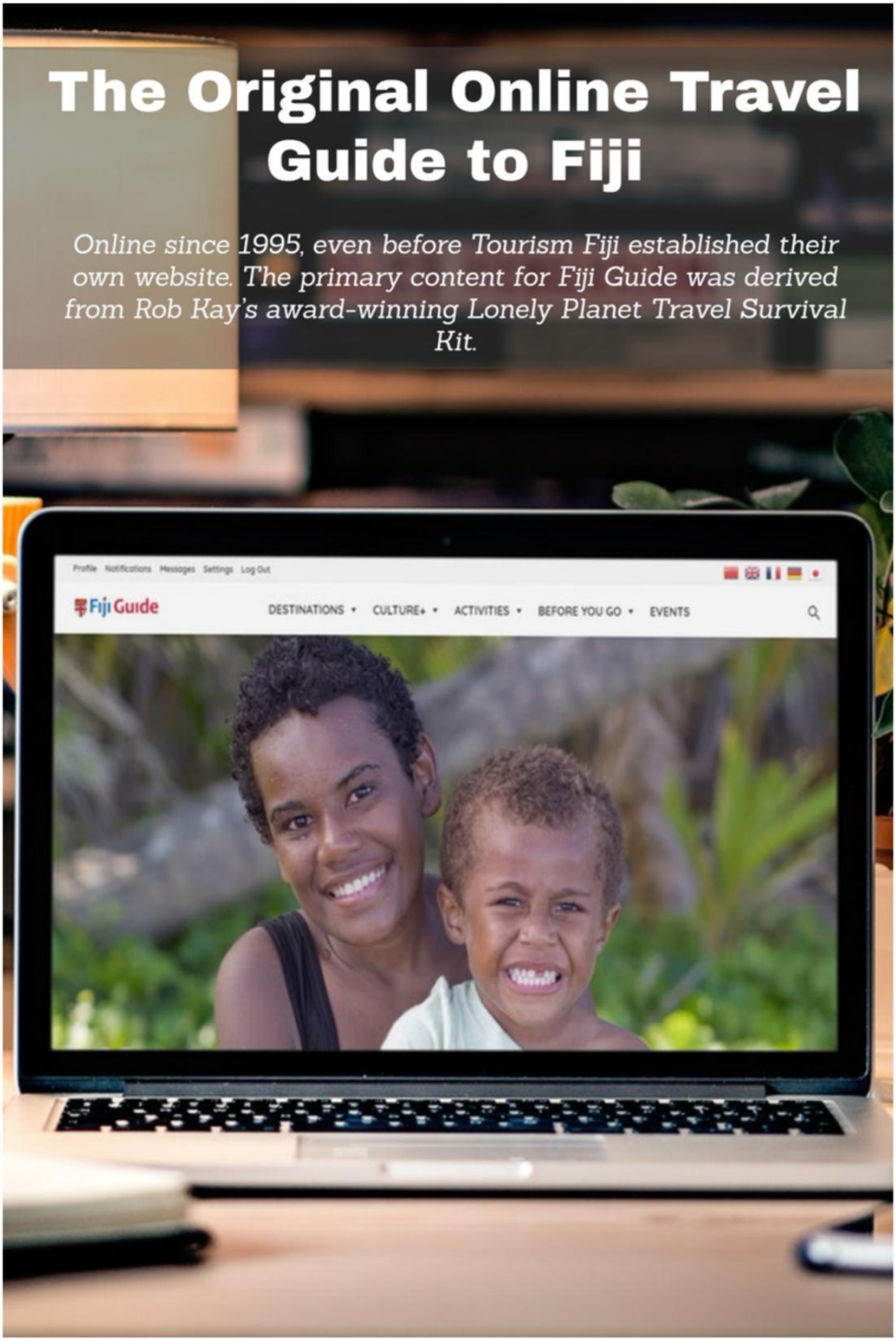
A WEEKLY GUIDE TO WHAT'S ON IN

FIJI

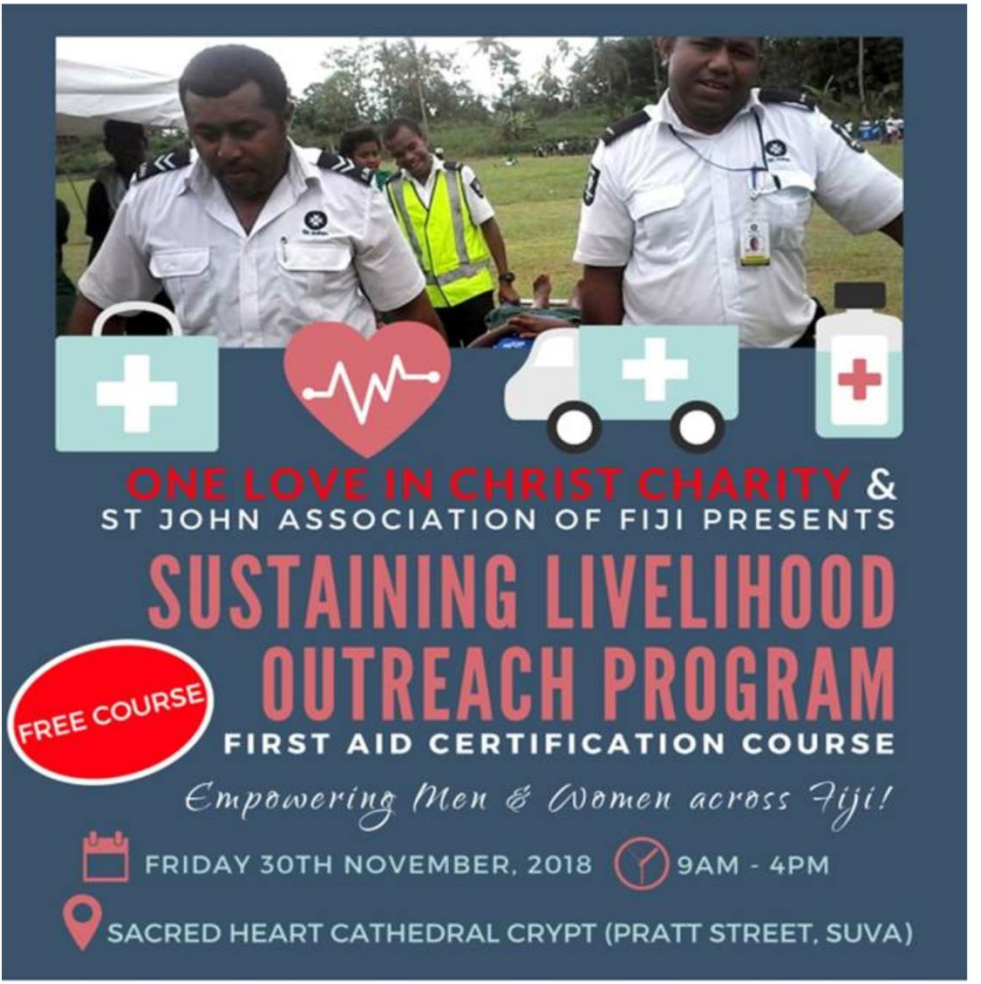
CENTRAL DIVISION | WESTERN DIVSION

FIJIGUIDE.COM | Issue 13


The Original Online Travel Guide to Fiji
Online since 1995, even before Tourism Fiji established their own website. The primary content for Fiji Guide was derived from Rob Kay's award-winning Lonely Planet Travel Survival Kit.
Profile Notifications Messages Settings Log Out
Fiji Guide
DESTINATIONS
CULTURE+
ACTIVITIES
BEFORE YOU GO
EVENTS

Ni Sa Bula

Lining up plans in Fiji? Whether you're a local, new in town, or just passing through, you'll be sure to find something on our Weekly Guide that piques your interest. We've got original articles, videos, photos, and a serialized edition of Ron Wright's classic On Fiji Islands, originally published by Penguin Books and recognized as the best nonfiction Fiji travel narrative ever written.



FOR REGISTRATION PLEASE PROVIDE YOUR NAME VIA TEXT MESSAGE TO: **+679 9965779**

RSVP by Sunday 25 November 2018

PLEASE BRING BIRTH CERTIFICATE & VOTER ID

ONELOVEINCHRIST.ORG.AU

Interview with Chef Mo Arun of the Grand Pacific Hotel

By Rick Garrett

Arguably one of the most influential chefs in Fiji, Chef Mo Arun has become well known in recent years as a practitioner of the "Pacific Rim Authenticity Cuisine". A native of Nadi, he began his culinary career at the Fijian Hotel (now the Shangri-La) and Regent of Fiji (now The Westin Denarau Island Resort & Spa). He subsequently moved to New Zealand and moved up the ranks in some of New Zealand's best known hotels and restaurants.

In 1997 he became Executive Chef of one of Auckland's most fashionable restaurants, Iguacu in Parnell, prior to a stint at the respected Stamford Plaza Auckland in 2007.

Chef Mo has been the recipient of many honors including the New Zealand Culinary Fare Kitchen Team awards, the 2010 New Zealand Beef and Lamb Hallmark of Excellence Gold Plate Award, the 2008 New Zealand Metro Top 20 Restaurant awards and, for three consecutive years, the "Entertainment Gold Award" for best fine dining restaurant.

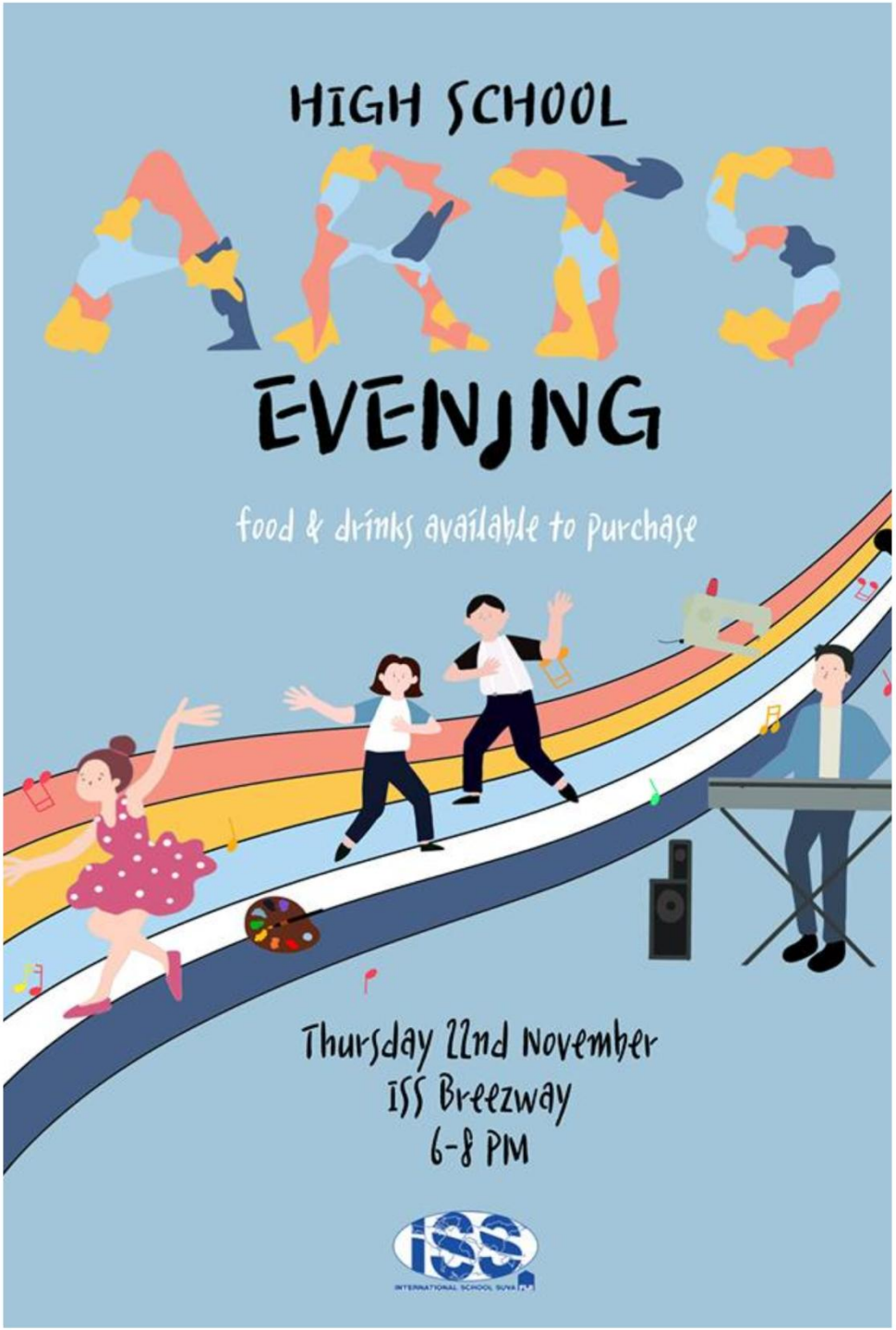
READ MORE

NOV 22 Movie night: What the Health
Public · Hosted by Adventist Wellness - Fiji and 2 others

NOV 22 Speed Networking: Suva
Public · Hosted by Women In Business (Fiji)

NOV 22 Short Course: Green Island After School Kids Club! (Suva, 8-11y)
Public · Hosted by Loving Islands and Tasty Island Treats Fiji

NOV 22 Suva Marathon Club's Thursday Social Fun Run!
Public · Hosted by Suva Marathon


HIGH SCHOOL
ARTS
EVENING
food & drinks available to purchase
Thursday 22nd November
ISS Breezway
6-8 PM
ISS
INTERNATIONAL SCHOOL SUVA

NOV 23

BLACK FRIDAY SALE

Public · Hosted by Cost U Less Suva

NOV 26

Movember Morning Out

Public · Hosted by Women In Business (Fiji)

NOV 26

Pacific GIS & RS Conference

Public · Hosted by Pacific GIS Conference

NOV 28

Vegan Fusion Dinner

Public · Hosted by VegFest Fiji and Veggie restaurant

NOV 23

Band Night

Public · Hosted by Damodar Cinemas

Kunjal Nair's
Weight Management Clinic

KIDS GYMNASTIC SCHOOL BREAK

WELLNESS PROGRAM
BOOK NOW !!

DATE: 26TH NOVEMBER-22ND DECEMBER , 2018
VENUE: HILTON SPECIAL SCHOOL

Join Now
$200

Call / Viber 9032124

NOV 23

Hands-on Cooking Class

Public · Hosted by Sheraton Fiji Resort

NOV 23

Seafood Extravaganza

Public · Hosted by Feast Restaurant, Sheraton Fiji resort

NOV 23

Meke Lounge Reload

Public · Hosted by The Westin Denarau Island Resort & Spa

NOV 24

Westin Weekend BBQ

Public · Hosted by The Westin Denarau Island Resort & Spa

NOV 24

Farm to Fork Tour

Public · Hosted by Sheraton Denarau Villas

NOV 24

Cultural Show at Coco Palms

Public · Hosted by Coco Palms Cultural Experience, Fiji and The Westin Denarau Island Resort & Spa

NOV 25

Pool Fun Day

Public · Hosted by Resort Relax Fiji

NOV 25

Kids Can Cook

Public · Hosted by Sheraton Fiji Resort

FIJITRADERS
PRESENTS
EA FIFA 19
CONDITIONS APPLY
1ST PRIZE
$500 + TROPHY
2nd : $300 CASH
3nd : $150 CASH
ENTRY FEE $25
MINIMUM 60 PLAYERS
Jeep
beko
EA SPORTS FIFA19
FIFA
TOURNAMENT
24TH NOVEMBER 2018
LOT 27 RATU MARA ROAD SAMABULA
(BESIDE MOBIL STATION)

HOLIDAY SWIMMING LESSONS

Stay Active during the holidays

Learn basic life skills

Learn water safety

Become confident in the water

Learn with ASCTA accredited coaches

NOV 26th to Dec 7th

9am - 10 am &
10am - 11 am

$70/Child
Special for families with 2 or more children

NQUIRE * BOOK
melia
992486
melianaivalu@gmail.com

risa
294885
iacheer@yahoo.com

Open Day

Saturday November 24th

Adopters and well-wishers welcome

Location: GGF Sanctuary Home, Tavarau Ba

contact: 864 0200 or

email GREATERGOODFIJI@GMAIL.COM

NOV
22

YOGA CLASS at Vai Restaurant & Bar

Public · Hosted by Kama Yoga Fiji and Sheraton Fiji Resort

NOV
26

Yoga Class

Public · Hosted by Kitchen Grill, Fiji and The Westin Denarau Island Resort & Spa

NOV
27

YOGA CLASS at Pacific Fitness Gym

Public · Hosted by Pacific Fitness and Kama Yoga Fiji

NOV
27

Yoga Class - all levels welcomed

Public · Hosted by Essence of Fiji Rejuvenation Centre

NOV
28

YOGA CLASS at The Rhum-ba

Public · Hosted by Kama Yoga Fiji

NOV
28

YOGA Retreat

Public · Hosted by Ilana's Heart Yoga

Tuesday
PIZZA DEAL
Buy 1
get 1
FREE
4PM - 9PM
VALID FOR SAME SIZE PIZZA OR LESS

NOV 24 Christmas Photobooth
Public · Hosted by Anaischainephotography and Taste Fiji

NOV 24 VIA NI Tebara
Public · Hosted by Bounty Bar and 2 others

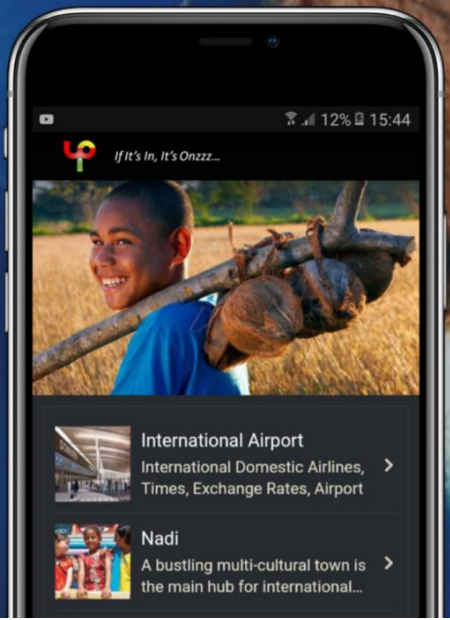
NOV 24 Oceania Rugby Women's Championship 2018

NOV 29 Speed Networking: Nadi
Public · Hosted by Women In Business (Fiji)

SUBLIME
NOVEMBER
FJD$285
SUPERIOR OCEANSIDE ROOM
PACKAGE INCLUSIONS:
• Enjoy a welcome drink and cold towel on arrival
• Buffet Breakfast for two (2) adults and
up to two (2) children under the age of 12 eat for FREE
• All applicable taxes
UPGRADE TO DINNER INCLUSIVE PACKAGE
• For a nightly supplement of FJD $65 Per Adult include buffet dinner
Complimentary buffet dinner for up to one child under the age of 12 y.o per
paying adult
SO SPA RETREAT
FJD$80 Per Person
• Enoy a 60 minute full body massage or facial
treatment plus FREE glass of bubbles
TERMS & CONDITIONS:
• Valid for stays on 11th November - 20th December only
• Offer available to local residents only
• Local ID must be presented upon check in
• Accor Plus members receive a further 10% discount on room rate only
• Quote SFNOV
• Booking subject to availability
• Not available for stays on 17th | 24th November & December 01st | 5th | 6th |
7th | 8th | 15th
For reservations call 675 1111 or
Email: reservations@sofitelfiji.com.fj
SOFITEL
HOTELS & RESORTS
FIJI RESORT & SPA

SAVE THE DATE

23 NOVEMBER | 6.30-8.30pm

The lighting
of our spectacular
CHRISTMAS TREE
With carols, canapes
and champagne.
Held in our elegant
lobby

" The ease of use and beautiful design allows you to focus on what matters most, Relaxing and enjoying paradise on earth. Fiji your home away from home "